University of Athens Faculty of Nursing Department of Anatomy

THEODOROS D. MARIOLIS-SAPSAKOS ASSISTANT PROFESSOR GENERAL SURGEON

Curriculum vitae

Athens, March 2015

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CURRICULUM VITAE

1. PERSONAL DETAILS

Name: Mariolis –Sapsakos Theodoros

Date of Birth: 11th July 1967

Place of birth: Sparti

Nationality: Greek

Home Address: Bouboulinas 20, Dafni

Work Address: Laboratory of Anatomy, School of Nursing

University of Athens, 123

Papadiamantopoulou Street, Goudi, 11527

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2. PRESENT POSITION

- Lecturer in Department of Anatomy, School of Nursing University of Athens (date of issue 15-6-2010)
- Specialist clinical fellow in Department of Surgery, School of Nursing,
 General and Oncological Hospital of Agioi Anargyroi (9-11-2011)

3. MILITARY SERVICE

November 1992-November 1993: Completion of military service duties: Greek Forces in Cyprus (ELDYK), Cyprus National Guard, KAAF, from 24-11-1992 to 24-11-1993.

July 2002: Honorary Lieutenant of Sanitary Department of Military service.

4. RURAL SERVICE

6/3/1994-6/03/1995: Family physician in obligatory rural service in Medical office of Agia Sofia- Health Center Psachnon Evia

5. EDUCATION – POSTGRADUATE TRAINING – CERTIFICATES

A. Education-basic studies

Primary education:

Elementary School of Kounos, Municipality of East Mani, Lakonia

Secondary education:

Areopolis Gymnasium, Municipality East Mani Lakonia

Lyceum Areopolis, Laconia

3rd Lyceum Nice Piraeus

B. Undergraduate training

1986-1992: Medical School, National and Kapodistritian University of Athens, Medical Degree, Grade: "Very Good"

1992: Full registration with licence to practice in Medicine, Municipality of Piraeus

C. Postgraduate training

Specialist registration

- *March 1995- March 1996*: Resident in General Surgery, Medical School, University of Athens, Dept of Surgery Nursery School, Evgenidion Hospital.
- August 1996- November 1996: Resident Physician in Obstetrics and Gynecology Department of the University Hospital Nea Ionia " AGIA OLGA "
- *November 1996 December 1996*: Resident in General Surgery, Third Department of Surgical Oncology Hospital "Agios Savvas"
- *January 1997 October 1997*: Resident in General Surgery Department of Surgery, Department of Hospital Nursing Evgenidion Hospital.
- October 1998 September 2001: Resident in General Surgery, Second Surgical Department of the General Hospital of Athens "Evangelismos".
- January 2000 July 2000: Clinical fellow in the Department of Thoracic Vascular Surgery in General Hospital of Athens "Evangelismos".
- *June 2001 September 2001*: Clinical fellow in the Department of Gynecology at the Regional General Hospital of Athens "George Genimatas."
- October 2000 December 2000: Clinical fellow in Intensive Care Unit at the General Hospital "Evangelismos"

- Title of Specialist registration: General Surgeon.
- Specialist registration with license to practice in General Surgery:
 2001, Municipality of Athens
- **PhD in Medicine:** *October 2000 January 2005:* Thesis title" Study of the transcription factor E2F-1 in adenocarcinomas of the gastroesophageal junction, adenocarcinomas of the esophagus and Barrett. The relationship of E2F-1 to the kinetic parameters of cell growth and apoptosis." Correlation with clinical pathology parameters. Laboratory of Histology-Embryology, Athens University Medical School Director: Prof. Ch. Kittas. Grade:" Excellent"

Postgraduate programs:

- Academic year 1991-1992: Postgraduate courses in Physiology.
 Laboratory of Experimental Physiology, Medical School of Athens
- 2-3 June 2000: ATLS (Advanced Trauma Life Support Committee on Trauma, American College of Surgeons, 3-6-2000), Medical School, University of Patras
- 27 September 2002: PHS Training Course (repair Hernia) oneday surgery Venice (Italy)
- 4-6 October 2004: Medical Conference Progress in Diagnostic Imaging, Harvard Medical International and diagnostic therapeutic center of Athens

- 22 June 2006: Newest diagnostic endoscopic imaging techniques.
 Postgraduate Courses Obstetrics and Surgery Clinic Mitera,
 Maroussi
- 11-15 April 2007: Clinical Tutorial: "COPD " 19th National Congress of General Medicine, Hersonissos Crete
- 11-15 April 2007: Clinical Tutorial: "Asthma "19th National Congress of General Medicine, Hersonissos Crete
- 11-15 April 2007: Clinical Tutorial: "Reflections on infections of primary health care and their solution "19th National Congress of General Medicine, Hersonissos Crete
- 21 April 2007: Postgraduate Courses 2006-2007 of Scientific
 Company entitled "Hypertension Theory and Practice 2007:
 Controversial Issues and New Strategies." Greek Society for the
 Study of Hypertension. Athens
- 3 May 2007: Clinical Tutorial: "Obesity: from pathogenesis to practice" 33th Annual National Medical Congress, Athens
- 11-15 April 2007: Clinical Tutorial: "Treatment of patients with abdominal obesity and risk factors: Diabetes, Hypertension and

Dyslipidemia " 19th National Congress of General Medicine Hersonissos, Heraklion Crete

- 2 May 2007: Clinical Tutorial: "Anticoagulation in clinical practice '33th Annual National Medical Congress, Athens
- 5 May 2007: Clinical Tutorial: "Current concepts for brain episodes » 33th Annual National Medical Congress, Athens
- 20 May 2008: 21st Pre-Congress Seminar: "What changes in the treatment of hypertension in 2008". Greek Society for the Study of Hypertension.

After the election as a Lecturer

- September 2008: 5th Circle Continuing Education Postgraduate
 Courses, Lectures, audit. Byron Health Center Hippocration
 Hospital.
- 23 24 January 2009: Clinical Seminar on "Addressing the urgency." Greek Association of General Medicine Practitioners

E. Foreign Languages

- English

6. EXPERIENCE

- November 1992 November 1993: Military doctor in Greek Forces in Cyprus (ELDYK), Cyprus National Guard, KAAF
- March 1994 March 1995: Family physician obligatory rural service in Agia Sofia Regional Medical Center Health Psahnon Evias
- March 1995 March 1996: Resident in General Surgery,
 Department of Surgery Department of Hospital Nursing School
 Evgenidion Hospital
- August 1996 November 1996: Resident Physician in Obstetrics and Gynecology Department of the University Hospital Nea Ionia " AGIA OLGA"
- January 1997 October 1998: Resident in General Surgery,
 Department of Surgery Department of Hospital Nursing School
 Evgenidion Hospital
- November 1996 December 1996: Resident in General Surgery ,
 Third Department of Surgical Oncology Hospital "Agios Savvas"
- October 1998 September 2001: Resident in General Surgery ,
 Second Surgical Department of the General Hospital
 "Evangelismos"

- January 2000 July 2000: Training in the Department of Thoracic
 Vascular Surgery in General Hospital "Evangelismos"
- June 2001 September 2001: Training in the Department of Gynecology at the Regional General Hospital of Athens "George Genimatas"
- October 2000 December 2000 : Training in Intensive Care Unit at the General Hospital "Evangelismos"
- December 2001 to present: Research fellow –General surgeon of the General surgical section of Evgenidion Hospital
- June 2002 to February 2008: Research fellow General surgeon in the surgical department of Obstetrics and General surgery Clinic
 'Mitera'
- December 2001 to present: Research fellow -General surgeon of the Department of Thoracic Surgery Evgenidion Hospital.
- October 2004 to May 2010: Research fellow, Laboratory of Anatomy, Faculty of Nursing, University of Athens

- October 2004 to December 2009: Honorary Research fellow General surgeon of Byron Health Center General Hospital
 Hippocration
- November 2011 to present: Clinical work at the University
 Department of Surgery in General Nursing and Oncology Hospital '
 Agioi Anargyroi '(11/09/2011)

7. TEACHING EXPERIENCE

A. Undergraduate Education

- Teaching books
- 1. ENT diagnosis. Tony R. Bull. Supervision of publishing in Greek

After election as Lecturer

- 2. Netter's Atlas of Anatomy of Speech, Swallowing and Hearing. David H. Mc Farland. Supervision of publishing in Greek in selected chapters
- 3. FARQUHARSON'S Textbook of operative surgery. Supervision of publishing in Greek in selected chapters (Chapters 1,3,4,5,6,7,8).
- 4. Netter's Clinical Anatomy. F. Netter, John T. Hansen David R. Lambert. Supervision of publishing in Greek
- 5. Netter's Head and Neck Anatomy for Dentists. F.Netter, Neil S. Norton. Supervision of publishing in Greek

- 6. CURRENT Diagnosis & Treatment Otolaryngology--Head and Neck Surgery. ANIL K. LALWANI.. Supervision of publishing in Greek in selected chapters
- 7. Grant's Anatomy. Color Atlas. Anne M. R. Agur Arthur F. Dalley. Supervision of publishing in Greek in selected chapters
- 8. Clinically Oriented Anatomy. Keith L. Moore Anne M. R. Agur Arthur F. Dalley. Supervision of publishing in Greek in selected chapters

- Academic and non-academic teaching

- *June 15*, 2010 now: Formal teaching in required classes:
 - Anatomy Histology Embryology 1, School of Nursing, University of Athens
 - 2. Anatomy Histology Embryology 2, School of Nursing, University of Athens
- June 15, 2010 2012: Formal teaching in elective classes
 - 1. Head and Neck Surgery, School of Nursing, University of Athens
 - 2. Clinical Neuroanatomy, School of Nursing, University of Athens
 - September 1, 2008 December 31, 2008, Fall Semester, Academic Year
 2008-2009: Formal teaching in required classes:
 - Human Anatomy and Physiology I, School of Nursing, Technical University of Cyprus Visiting Lecturer
- October 2004 June 2010: Scientific and Teaching Fellow, Laboratory of Anatomy, School of Nursing, University of Athens

- October 17, 2005- May 19, 2006: Instructor in the elective course "Applied Physiology General Medicine" for 2nd year students, Medical School, University of Athens, Vyronas Health Center, Hippocratio General Hospital
- November 6, 2006 March 30, 2--7 Μαρτίου 2007: Instructor in the elective course "Applied Physiology General Medicine" for 2nd year students, Medical School, University of Athens, Vyronas Health Center, Hippocratio General Hospital
- Noεμβρίου 6, 2007 March 29, 2008: Instructor in the elective course "Applied Physiology General Medicine" for 2nd year students, Medical School, University of Athens, Vyronas Health Center, Hippocratio General Hospital
- Academic Years 1998-99, 1999-2000 και 2000-2001: Teaching medical students of Medical School, University of Athens, and nursing students, School of Nursing, Technical Institute of Athens during clinical practice in Surgery (2nd Surgical Department, "Evangelismos" General District Hospital)
- Academic Years 1995-96, 1996-97 και 1997-98: Teaching 2nd year students of School of Nursing, University of Athens, during clinical practice in Surgery (University of Athens Department of Surgery)

After election as Lecturer

November 18, 2008- April 9, 2009: Instructor in the elective course "Applied Physiology – General Medicine" for 2nd year students, Medical School, University of Athens, Vyronas Health Center, Hippocratio General Hospital

- 18-2-2010. Instructor in the course: Human anatomy in mannequins, for students of the Professional School of Renti, Department of Pharmacist Assistants. Organized by Laboratory of Anatomy Histology Embryology, School of Nursing, University of Athens.
- 23-2-2010. Instructor in the course: Human anatomy in mannequins, for students of the Professional School of Renti, Department of Nursing Assistants. Organized by Laboratory of Anatomy Histology Embryology, School of Nursing, University of Athens.

- Postrgraduate courses

- January 2006: Clinical lecture: "Trauma Management Algorithms".
 Vyronas Health Center Hippocratio General Hospital.
- September 2006: Postgraduate course: Prevention and treatment of pressure ulcers. Nursing Staff Academic Programme. Vyronas Health Center Hippocratio General Hospital.
- March 2006: Clinical lecture: "Surgical minor operations". Vyronas Health
 Center Hippocratio General Hospital.
- January 2007: Presentation of lecture "Soft tissue infections surgical therapy" in the seminar: "Current treatment of infections", organized by Vyronas Health Center – Hippocratio General Hospital.
- April 2007: Presentation of Lecture: "Surgical treatment of esophageal cancer" during the seminar: "GI malignancies and quality of life after treatment", organized by Vyronas Health Center Hippocratio General Hospital.

After election as Lecturer

- April 2009: Scientific Meeting: "Criteria of choosing laboratory diagnostic methods. Present and future" Vyronas Health Center – Hippocratio General Hospital.
- June 2009: Scientific Meeting: "Synopsis of research outcomes in Primary
 Health Care in Mani: Raise the gates" Vyronas Health Center Hippocratio
 General Hospital.
- February 2010: Speaker in the Course "Surgery of the Pelvis". Instructor in the cadaveric course.
- December 2010: Speaker in the Clinical Course: "Challenging Venous Catheterization" Instructor in the mannequin clinical course. 2º Panhellenic Conference in Home Care IRITEL (International Research Institute for Telemedicine and Home Care). Athens, December 15- 17, 2010.
- December 2010: Speaker in the Clinical Course: "Abdominocentesis and Thoracocentesis. Basic Airway Management" Instructor in mannequin clinical course and ultrasound guided procedures in animal models. 2º Panhellenic Conference in Home Care IRITEL (International Research Institute for Telemedicine and Home Care). Athens, December 15- 17, 2010.
- December 2010: Speaker in the Clinical Course "Placement of Central Venous Catheters". Instructor in mannequin clinical course and ultrasound guided procedures of CVC (Internal jugular, subclavicular and femoral vein catheterization) in animal models. 2º Panhellenic Conference in Home Care IRITEL (International Research Institute for Telemedicine and Home Care). Athens, December 15- 17, 2010.

B. Postgraduate programmes

- Participation in academic committees and postgraduate programmes

- Academic Year 2009–2010, 2011-2012, 2012-2013: Formal teaching in the
 course "Introduction in Health Sciences". Master of Science Programme
 "Organization and Management of Health Services", sub-specialty "Health
 Informatics", joined programme of the School of Nursing, University of
 Athens.
- Academic Year 2009 2010 now: Formal teaching in the course "Human Anatomy". Master of Science Programme "Clinical Chemistry", joined programme of the Department of Chemistry, University of Athens.
- Academic Year 2009 2010: Formal teaching in the course "Special chapters of Anatomy". Master of Science Programme "Clinical Biochemistry Molecular Diagnostics", joined programme of the Departments of Biology, Chemistry and Nursing, University of Athens.
- Member of the Special Interdepartmental Committee of the joined Master of Science Programme of the Departments of Biology, Chemistry and Nursing of the University of Athens "Clinical Biochemistry – Molecular Diagnostics".

- Participation in the supporting committee of research projects

1) Supervising member or member of the three-member examining body in postgraduate (MSc) theses

- "Quality of nursing services of a University Department of Surgery in a tertiary National Health System Hospital", supported by Konstantina Founta, RN, in the School of Nursing, University of Athens, 2011.
- "Burnout in health professionals of a rural hospital", supported by Maria Skorda, RN, in the School of Nursing, University of Athens, 2011

- "Postoperative care of cardiothoracic surgery patients", underway by Pelagia Zervou, RN, in the School of Nursing, University of Athens (Supervisor).
- "The impact of anatomical position of the scrub nurse in the structure and function of the lumbar spine", underway by Panagiota Voutsi, RN, in the School of Nursing, University of Athens (Supervisor).
- "The impact of psychological support of the foster family on the adaptation of the foster child in the new environment", underway by Maria Giannoulia, RN, in the School of Nursing, University of Athens (Supervisor).
- "Study of the empathy burnout, professional burnout and satisfaction burnout of the nursing staff working in a hospital", underway by Eleni Gkavera, RN, in the School of Nursing, University of Athens.
- "Interhospital medical evacuations executed by the National Emergency
 Aid Center: Presentation of a functional model, statistic evidence and
 proposals for improvement", underway by Vasiliki Kakouri, RN, in the
 School of Nursing, University of Athens
- "Measurement and evaluation of nursing stress in Intensive Care Units", underway by Despina Pappa, RN, in the School of Nursing, University of Athens.

2) Member of the three-member evaluating committee in postgraduate theses

- "The greek's perspective on the foundation and operation of palliative care hostels", supported by Elpida Housmekiari, RN, in the School of Nursing, University of Athens, 2010.
- "The perspective of health professionals on adjuvant and alternative therapies in Greece", presented by Foteini Kokkinopoulou, RN, in the School of Nursing, University of Athens, 2010.
- "Non absorbable implants in spinal surgery", supported by Olympia Kourti, RN, in the School of Nursing, University of Athens, 2011.

- "Clinical use and management of umbilical grafts", supported by Rodanthi Pantalou, RN, in the School of Nursing, University of Athens, 2011.
- "Conservative treatment of fractures in mass casualties in the third world: the use of traction devices", supported by Emmanouil Kokkiniotis, in the School of Nursing, University of Athens, 2011.
- "Crisis management and mass media guide of media management", supported by Officer Pantelis Themelis, in the School of Nursing, University of Athens, 2011.
- "Assymetric threat: the case of suicide bombers", supported by Officer Apostolos Myronidis, in the School of Nursing, University of Athens, 2011.
- "Clinical study on management of musculoskeletal pain with acupuncture and local tissue infiltration", supported by Spyridon Armpouzis, RN, in the School of Nursing, University of Athens, 2011.
- "The perspective of greeks on euthanasia", supported by Dimitra Delitheodorou, RN, in the School of Nursing, University of Athens, 2011.
- "The perspective of greeks on alternative therapeutics", supported by Lemonia Manola, RN, in the School of Nursing, University of Athens, 2011.
- "The impacti of dental pulpa cells in the healing of fractures in a experimental rat model", supported by Eugenia Synolaki, BSc in Biology, in the School of Nursing and the School of Dentistry, University of Athens, 2012.

- PhD programmes

Member of the three-member advisory committee or the seven-member examining committee of PhD theses

• "Formation of infectious diseases vaccination strategies for health sciences students", supported by PhDcand Antigoni Triantafyllidou, in

- the School of Nursing, University of Athens, 2011 (member of the examining committee).
- "Study of the expression of miRNA-7 (let-7) in colon cancer", underway by PhDcand. Nikolaos Margetis in the School of Medicine, University of Athens (member of the advisory committee).
- "Alterations of APC in patients with colon cancer and expression of E2F1 and P14ARF factors", underway by PhDcand. Theodoros Loutas, RN, in the School of Nursing, University of Athens (member of the advisory committee).

- Continuing Medical Education

1. Attendance – Participation in Congresses in Greece

- 1st Scientific Educational Congress of the Athens Medical School Students Association, May 6 7, 1995.
- 23rd Annual Panhellenic Medical Congress, Athens, May 13 17, 1997.
- Current treatment of GI malignancies, 3rd Surgical department of "Tzaneio" Hospital, Athens, February 19, 2000.
- Postgraduate meeting "Diabetes 2000", Hellenic Diabetes Society, Athens, February 26, 2000
- "Medicine Days", Postgraduate course, 3rd Internal Medicine Clinic, University of Athens, April 21-22, 2000.
- "20th Athenian Urology Days", Athens, May 12-14, 2000.
- 3rd Panhellenic Congress on Cardiothoracic Major Vessel Surgery, Athens, June 1-4, 2000.
- XXII Panhellenic Surgical Congress, Athens, November 18-22, 2000.
- 4th Panhellenic Congress on Allergiology and Clinical Immunology, March 8-10, Athens, 2001.
- 21st Athenian Urology Days, Athens, March 30 April 1, 2001.
- Postgraduate course "General Medicine Days 2002", Athens, January 11-13, 2002.
- XXIII Panhellenic Surgical Congress & International Surgical Forum, Athens, November 9-12, 2002

- 23rd Athenian Urology Days, Athens, March 29-30, 2003
- 29th Annual Panhellenic Medical Congress, Athens, May 20-24, 2003.
- Scientific Meeting: Early breast cancer from diagnosis to therapy. 1st Propaedeutic Surgical Clinic, University of Athens, Athens, June 7, 2003.
- 24th Panhellenic Congress of Gastroenterology, Athens, November 6-9, 2004.
- 1st Panhellenic Congress of the Hellenic Society of Colon and Rectum Surgery, Thessaloniki, February 25-27, 2005.
- 11th Annual meeting of Therapeutic Endoscopy, Under the patronage of ESGE, Athens, May 11 12 2005.
- 31st Annual Panhellenic Medical Congress, Athens, May 17-21, 2005.
- 5th Athenian days of interventional radiology, Athens, June 2-5, 2005.
- 9th Panhellenic Congress on Psychosocial Oncology, Athens, October 7-9, 2005.
- 9th Panhellenic congress on endocrine surgery, Thessaloniki, November 25-27, 2005.
- 32nd Annual Panhellenic Medical Congress, Athens, May 9-13, 2006.
- 25th Panhellenic Surgical Congress & International Surgical Forum, Athens, November 22-26, 2006.
- 33rd Annual Panhellenic Medical Congress, Athens, May 2-5, 2007.
- 4th Scientific meeting: Controversies in breast cancer. Breast Unit, 1st Propaedeutic Surgical Clinic, University of Athens, Athens, December 7-9, 2007.
- Educational Meeting on General Medicine, Perfecture of Western Greece and Amaliada General Hospital, Amaliada, May 16, 2008.
- 21st Spring pre-congress seminar "Changes in hypertension therapy in 2008", Hellenic Society of Hypertension Study, Athens, May 20, 2008
- 34th Panhellenic Medical Congress, Athens, May 20-24, 2008.
- 6th Symposium of Emergency and Intensive Care of Armed Forces, Athens, May 30-31, 2008.
- Meeting "Current Problems in everyday clinical practice of General Practicioners", Office of Central Coordination of General Practicioners

- Training, Perfecture of Athens, "Korgialeneio Mpenakeio" General Hospital, Red Cross, Athens, June 5, 2008.
- Meeting "Haemopoietic cells transplant problems and future perspectives", Hellenic Society of Hematology, Department of Haemopoietic cell Transplant, Pertouli, September 27, 2008.

After election as Lecturer

- 26th Panhellenic Surgical Congress & International Surgical Forum, Athens, November 24-27, 2008.
- 1st Symposium on Guidelines in Primary Health Care, Thessaloniki, November 22-23, 2008.
- 1st Panhellenic Symposium of General Practice, Hellenic Association of General Practicioners, Athens, January 23-24, 2009.
- 18th Multidisciplinary Symposium, 251 HAF General Hospital, Athens, February 26-27, 2009.
- 21st Panhellenic Congress of General Practice, Sithonia, April 22-26, 2009.
- 22nd Spring Pre-Meeting Seminar: Hypertension 2009: Management of difficult cases. Athens, May 5, 2009.
- 35th Annual Panhellenic Medical Congress, Athens, May 5-9, 2009.
- 9th Panhellenic Congress of Laparoendoscopic Surgery and International Symposium "Cooperation for Improvement of Surgery", Athens, May 21-23, 2009.
- 7th Symposium of Emergency Medicine and Intensive Care of Armed Forces, 251 HAF General Hospital, Athens, May 29-30, 2009.
- 20th Panhellenic Congress of Hematology Hellenic Society of Hematology, Crete, November 4-7, 2009.
- 2nd Panhellenic Symposium of General Practice, Athens, January 29-30, 2010.
- Clinical Course "Surgery of the Pelvis", 1st Gynecology and Obstetrics Clinic, University of Athens, "Alexandra" Hospital, in association with

- the Laboratory of Anatomy Histology Embryology, School of Nursing, University of Athens, February 4-6, 2010.
- 22nd Panhellenic Congress of General Practice, Kerkyra, April 7-11, 2010.
- 36th Annual Panhellenic Medical Congress, Athens, May 4-8, 2010.
- Meeting "Employment Unemployment and Psychosocial Impact", "Encephale" Association, Archives of Neurology and Psychiatry, Athens, May 14, 2010.
- 27th Panhellenic Surgical Congress and International Surgical Forum, Athens, November 24-27, 2010.
- 2nd Panhellenic Congress of Home Care IRITEL (International Research Institute for Telemedicine and Home Care). Athens, December 15-17 2010.
- Meeting "From surgical treatment for obesity to metabolic surgery", 1st
 Propaedeutic Surgical Clinic, University of Athens, Hippocratio General
 Hospital, Bariatric and Metabolic Surgery Unit, Athens, March 19, 2011.
- 1st Meeting of Community Mental Health "Care of the Community", Athens, April 2-3, 2011.
- 10th Panhellenic Congress of Nursing School Students, University of Athens, "Current nursing diagnosis and treatment", Athens, April 8-10, 2011.
- 23rd Panhellenic Congress of General Practice, Kos, April 27 May 1, 2011
- 14th Congress "Intensive Care & Emergency Medicine: Pulmonary Edema", University of Athens Clinic of Intensive Care, GOHK "Agioi Anargyroi", Athens, November 25-26, 2011.
- 3rd Workshop "Public and Private health in the turmoil of political social and financial events in Greece. Challenges of current Management". Athens, April 5, 2012.
- 38th Panhellenic Medical Congres,, Athens, May 16-19, 2012.
- Annual Meetinh "Paediatrics Paediatric Nursing: Current Issues", Paediatric Clinic, School of Nursing, University of Athens. Athens, May 25, 2012.

- 11th Panhellenic Congress of University of Athens Nursing School Students. "Care of the human, a great and perfect act". Athens, May 25-27, 2012.
- Meeting "National Guidelines in Breast Surgical Oncology". 1st Propaedeutic Surgical Clinic, University of Athens, Hippocratio General Hospital, May 25-26, 2012.
- 10th Multidisciplinary Medical Congress of Laconia, Sparta, June 29-30, 2012
- 1st Panhellenic Congress "Georgios N. Papanicolau" "Prolepsis of cancer". Kymi, September 21-23, 2012.
- 15th Meeting "Intensive Care and Emergency Medicine, Mechanical Support of Organ Systems", Intensive Care Clinic, University of Athens, GOHK "Agioi Anargyroi", Athens, November 23-24, 2012.
- 28th Panhellenic Surgical Congress and International Surgical Foru, Athens, November 21-24, 2012.

2. Attendance – Participation in International Conferences

- 1st International Conference of the Association of Fulbright Scholars.

 Delphi, Greece December 1-3 2000.
- 19th European Congress on Surgical Infections. Athens Greece, May 25-28 2006.
- 20th European Congress on Surgical Infections. Frankfurt Germany, May 17-19 2007.
- Wonca Europe 2008 Istanbul Conference, Istanbul Turkey 4-7 September 2008.

After election as Lecturer

• 3rd International Congress on PREDIABETES and the METABOLIC SYNDROME. Nice, France 1-4 april 2009.

- NEW EUROPEAN SURGICAL ACADEMY (NESA) CONGRESS 2009 joined with the 5th BREAST SYMPOSIOUM. Athens Greece 28-30 May 2009.
- 1st International Hands On Course Single Access Minimally Invasive Surgery. Athens Greece 25 June 2009.
- 9th European Congress on Menopause and Andropause. athens, Greece, 28-31 March, 2012.

2. Member of Organizing Committee

- May 2006: Coordinator of the Meeting "Colorectal cancer carcinogenesis"
 by the Hellenic Society of General Practice, KY Vyronas, and Hippocratio GH.
- May 2009: New European Surgical Academy (NESA) CONGRESS 2009.
 joined with the 5th BREAST SYMPOSIUM. Member of Local Organizing Committee. Athens 28-30 May.
- February 2010: Course: "Surgery of the Pelvis". Urogynaecology Unit, 1st Gynaecology and Obstetrics Clinic, University of Athens, "Alexandra" Hospital. Hands on exercise in the Laboratory of Anatomy Histology Embryology, School of Nursing, University of Athens. Member of the Organizing Committee. Athens, February 4-6, 2010.
- December 2010: 2nd Panhellenic Congress of home care IRITEL (International Research Institute for Telemedicine and Home Care). Member of the Organizing Committee. Athens, December 15- 17, 2010.
- March 2011: Meeting "From surgical treatment for obesity to metabolic surgery", 1st Propaedeutic Surgical Clinic, University of Athens, Hippocratio General Hospital, Bariatric and Metabolic Surgery Unit. Member of the Organizing Committee. Athens, March 19, 2011

8. Clinical / Laboratory Experience

March 1995- March 1996	Surgical Training, University of Athens

Surgical Clinic, School of Nursing, Evgenideion

Hospital

August – November 1996 Gynaecology and Obstetrics Training,

Department of Ob&Gyn, Nea Ionia DH

"Agia Olga"

November 1996 – December 1996 Surgical Training, 3rd Surgical Department,

Oncologic Hospital of Athens "Agios Savvas"

January 1997 - October 1998 Surgical Training, University of Athens

Surgical Clinic, School of Nursing, Evgenideion

Hospital

October 1998- September 2001 Surgical Training, 2nd Surgical Department,

General Hospital of Athens "Evangelismos"

January 2000 - July 2000 Thoracic and Major Vessel Surgery Training,

General Hospital of Athens "Evangelismos"

June 2001- September 2001 Gynecologic Surgery Training, General Hospital

of Athens "Georgios Gennimatas"

October 2000–December 2000 Intensive Care Unit Training, General

Hospital of Athens "Evangelismos"

November 2001- 2010 Scientific Fellow, Department of Thoracic

Surgery, Evgenideion Hospital

January 2002- now Scientific Fellow, Department of Surgery,

Evgenideion Hospital

November 2002- June 2010 Scientific Fellow, Department of Obstetrics

and Surgery, "Mitera" Hospital

October 2004- June 2010 Scientific Fellow, Laboratory of Anatomy,

School of Nursing, University of Athens

October 2004- December 2009 Scientific Fellow, Department of Surgery,

Vyronas Health Center – Hippocratio General

Hospital (unpaid)

After election as Lecturer

November 2011 - now: Surgeon, Member of the Staff, Surgical

Clinic, School of Nursing, University of

Athens, General and Oncologic Hospital of

Kifissia (GOHK) "Agioi Anargyroi"

9. HOSPITAL AND ACADEMIC POSTS

Surgical Training:

- March 1995 March 1996: Surgical Training, University of Athens Surgical Clinic, School of Nursing, Evgenideion Hospital, (Director: Professor K. Kyriakou). Participated in 235 operations as Surgeon.
- August 1996 November 1996: Obstetrics and Gynecology Training, Department
 of Obstetrics and Gynecology, Nea Ionia DGH "Agia Olga" (Director: G.
 Mavrikios). Participated in operations as Surgeon and 1st Assistant.
- November 1996 December 1996: Surgical Training, 3rd Surgical Department,
 Oncologic Hospital of Athens "Agios Savvas", (Director: G. Oikonomou).
 Participated in 13 operations as Surgeon.
- January 1997 October 1998: Surgical Training, University of Athens Surgical Clinic, School of Nursing, Evgenideion Hospital (Director: Professor K. Kyriakou). Participated in 235 operations as Surgeon.
- October 1998 November 2001: Surgical Training, 2nd Surgical Department, "Evangelismos" Hospital, (Director: Ass. Professor P. Giannopoulos).
 Participated in 363 operations as Surgeon.
- January 2000 July 2000: Surgical Training, Department of Thoracic and Major Vessel Surgery, "Evangelismos" Hospital, (Director: I. Mpelenis). Participated in 93 operations as surgeon and 105 operations as 1st Assistant.
- *June 2001- September 2001:* Surgical Training, Department of Gynecology, General Hospital "G. Gennimatas" (Director: P. Paisios). Participated in operations as Surgeon and 1st Assistant.
- October 2000 December 2000: Surgical Training, Intensive Care Clinic, "Evangelismos" Hospital (Director: C. Roussos). Participated in therapeutic operations.
- Completed Surgical Training
- September 2008: Visiting Lecturer, Faculty of Nursing, Cyprus Technological University
- October 2008: Elected Lecturer, School of Nursing, University of Athens.

After election as Lecturer

 November 2011: Consultant, Member of the staff, Surgical Clinic, School of Nursing, University of Athens, GOHK "Agioi Anargyroi"

10. RESEARCH EXPERIENCE

- Participation in Funded Research Projects

- Researcher in the funded research project: Prevention of breast cancer based on genetic study (1-4-1996 to 31-10-1996). Supervisor: Professor K. Kyriakou. Committee on Research, Special Account for Research Centers, University of Athens.
- Participated in the research project (January 2007- December 2008): SPECIFIC TARGETED RESEARCH PROJECT (STREP). An Intelligent Interactive Services Environment for Assisted Living at Home (INHOME). SIXTH FRAMEWORK PROGRAMME PRIORITY 2.6.2"Ambient Assisted Living (AAL) for the Ageing Society". Vyronas Health Center Hippocratio Hospital

- Participation in non - Funded Research Projects

 Participated in the study "Observation of staphylococcus aureus colonization of the personnel. Prevalence, sensitivity to antistaphylococcal antibiotics, intervention for sterilization of MRSA carriers". By Prof. G. Saroglou, Theodoros Mariolis – Sapsakos, Prof. N. Legakis, President of the Infections Committee, Evgenideion Hospital. (16-12-2005 – 31-12-2007).

- Description of Research Activity and Interests:

My research interests and activity involve the following:

A) Descriptive anatomy, clinical and radiological anatomy, current medical imaging.

- In an original research study, we evaluated 73 cadavers for anatomic variations of the right hepatic duct, as well as their respective frequencies in the Greek population. The thorough knowledge of the hepatic duct anatomy is very important in the saferty of surgical procedures that involve the liver and the biliary tract. From this study we conclude that almost 35% of the Greek population carries at least one anatomic variation of the right hepatic duct. The importance of the knowledge of the anatomy in the area is highlighted, as well as the implications on the surgical practice of liver transplant and biliary tract operations.
- In an original study, we evaluated the methods for precise anatomical mapping of the anorectum in patients with complex and complicated fistula in ano. The precision in the anatomic description of the tissues involved is crucial and is considered the most effective precaution in the surgical intervention that follows. The anatomical mapping was completed using imaging studies (endorectal US and MRI) as well as surgical dissection of the anorectum.
- In another study we present a rare case of post-traumatic implantation of splenic tissue in the subcutaneous tissue. Splenosis, as it is most commonly known, is a common benign disease that is most frequently diagnosed in trauma patients and involves abdominal viscerae, with the mechanism of occurrence being the rupture of the spleen and the self transplant of functional splenic tissue. It is most frequently discovered within the peritoneal cavity. In our study, we correlate the architectural structure of the ectopic splenic tissue with the histologic structure of the spleen and the anatomical area of the finding. We also analyze the existing studies on splenosis, as well as the diagnostic and therapeutic approach of such cases.
- We present another case of infiltration of solitary internal jugular vein from thyroid cancer, a rare complication of this disease, and describe in detail the anatomical basis of the surgical technique for the reconstruction of the defect of the IJV, after excision, with self transplant of saphenous vein.
- In a clinical case study, we present a patient with primary hyperparathyroidism, in whom the diagnostic evaluation with US was challenging, due to rare anatomical structure of the adenoma. The function of the adenoma was correlated with other imaging studies (MRI, Tc99m Scan) for proper diagnosis. We also conducted a

review of the medical literature on this rare anatomical presentation of the parathyroid adenoma.

- In an original study, we investigated the alteration of the structure of the human body in teens, correlating the BMI with personal, social and family characteristics of the population that was studies. The results highlited the importance of teen obesity in Greece, while the age and lifestyle of the parents were positive prognostic factors for increased BMI in teenagers.
- In another original study, we report the results of a diet intervention in juveniles of school age. After the intervention, we measured the improvement of BMI as well as the calorie intake and their quantity (fat intake) in the intervention group, highlighting the benefit of such actions in the prevention of obesity.
- In a study we present a rare anatomical and histopathological alteration in the ureter of a female patient with endometriosis. Endometriosis of the urinary tract is rare, while sole endometriotic nodules in the ureters are even rarer. In this case of endogenous endometriosis of the ureter, we also review the existing literature, and report the importance of the specific histologic characteristics in its diagnosis.
- B) Research studies in functional anatomy, descriptive anatomy, anatomic variations of organs and tissues, with emphasis on surgical anatomy and the implications in current surgical technique.
- In an original paper, we investigated the disruption of the anatomical structure of the esophagic foramen in patients with giant esophageal hernias, as well as the surgical reconstruction of the defect with prosthetic mesh. We reported the results of this technique in 45 patients and analyzed the efficacy and safety of the laparoscopic approach.
- In venous catheterization, it is possible to mistakenly insert the catheter in an artery instead of a vein. We report a case of mistaken placement of a venous catheter in an arterial branch, and analyze the steps required in order to identify and manage such cases, contributing to the safety of venous catheterization.

- The presence of an inflamed appendix within a femoral hernia is a rare condition, with serious complications that often is misdiagnosed. We extensively studied a case of De Garengeot's hernia, describing the steps of a successful preoperative diagnosis. We also described the imaging and descriptive anatomical findings with the surgical anatomy of the defect, while reviewing the total of the existing literature on this rare clinical entity. The importance of the special anatomic characteristics of the area were highlighted, in relation to the diagnostic steps and the therapeutic approach.
- We reported the first placement of peripherally inserted central catheter (PICC) under ECG control in Greece. There was a specific emphasis on the descriptive anatomy of the superficial and deep venous plexus of the upper limb, as well as the technical and anatomic details of the technique, under US guidance. The correlation between vascular anatomy and imaging is analyzed for the safety of PICC insertion. Also, we discuss the advantages and drawbacks of PICCs, concluding that insertion of PICCs has significant advantages in terms of safety and cost versys central venous catheterization.
- In a case presentation study, we report a case of male lobular breast cancer, a very rare entity, given the absence of lobules in the male breast. We also conducted a through literature research, and highlight the importance of genetic counseling and endocrine monitoring in such cases.
- In another case report, we describe a very rare case of mucinous tubular and spindle cell (MTSC) renal carcinoma, in a 67-year-old patient. An extensive review of the existing literature was conducted, that highlighted the importance of precise differential diagnosis of MTSC, with regard to the specialized therapeutic approach and the specific structural characteristics of the tumor.
- The role of laparoscopic surgery in the management of GERD, morbid obesity and diseases of the biliary tract was investigated in another study. The efficacy of the various methods, in terms of safety, morbidity, mortality, quality of life and recurrence of the disease in a follow up period of 5 years was reported.
- In a clinical study, we investigated the efficacy of repair of defects of the abdominal wall. In inguinal hernias and postoperative hernias, we used absorbable and non-

absorbable materials. We investigated the anatomical structure of the defect with regard to the repair technique and the therapeutic result.

Γ) Basic research – molecular diagnostics

- An important part of research has been conducted in the field of molecular mechanisms involved in the occurrence and evolution of cancer. Specifically, we focused our research on the investigation of signaling disorders and cell cycle control disorders as well as the cellular DNA repair mechanisms in cancer. The possible mechanisms of carcinogenesis were investigated in the Barrett's esophagus adenocarcinoma and the adenocarcinoma of the gastroesophageal junction. The transcription factor E2F-1 tended to inhibit the cellular proliferation, although there was no statistically significant correlation of the increased expression of E2F-1 with the apoptotic mechanism, whether the latter was investigated via IHC study of Caspase 3 or the TUNEL technique. Overexpression of E2F-1 was correlated with increased expression of p53 protein. The existing clinical studies on the GEJ cancer have been executed with focus on the effectiveness of the surgical method, as well as the improvement of survival and quality of life. The stages of the disease, the surgical technique, and the type of graft for the neo-esophagus (gastric tube, colon, small bowel) have also been studied. Furthermore, the value of the surgical intervention in the esophagus in patients with advanced stage esophageal cancer has been evaluated in terms of quality of life. In a clinical study, the role of surgical therapy in the management of esophageal cancer has been investigated, with regard to the improvement of quality of life and survival. The results were compared to other antineoplastic therapies. Specifically, the efficacy of surgical therapy in HPB malignancies was investigated, using parameters such as the general health of the patient, morbidity, mortality and survival. The anatomical, histopathological and molecular aspects of the disease were also analyzed.
- In another study, we reported the initial positive results of gene counseling and prophylactic thyroidectomy in 19 members of 6 families with RET proto-oncogene mutations. The availability of genetic testing for mutations of the RET proto-oncogene has given us the possibility to treat the myeloid carcinoma of the thyroid gland in a timely fashion. The molecular basis of this malignancy was correlated to the histology and surgical anatomy of the disease.

- The ICAM-1 (intercellular adhesion molecule -1), a molecule that is important in inflammation and immunosurveillance, has been lately associated with carcinogenesis. The polymorphism K469E of the ICAM-1 leads to the formation of an isoform with different properties in terms of structure and molecular signaling. In an original study, we revealed the correlation between K469 polymorphism and reduced survival in patients with NSCLC, highlighting the potential role of ICAM-1 mutations in the disruption of immunosurveilance and apoptosis.
- In a laboratory study, the intraoperative use of cell salvage device was proved to be an important method for the reduction of the need for blood transfusion, especially in countries where the cost of blood transfusions is high, such as Greece. In this study, we were able to show a profit from the intraoperative use of blood salvage device with incorporated re-transfusion system.
- In a molecular study, we evaluated the impact of seropositiveness for Hepatitis B in the final response to the treatment of chronic Hepatitis C in patients with high viral load. From the results of this study that involved 185 patients, we showed that positiveness for ant-Hbc antigen did not influence the outcome of PEG IFNa 2b in these patients. The molecular study of the virus was investigated with regard to the response to therapy and imaging findings.
- In an original study, we investigated the kinetics of the virus and the viral response to PEG IFNa 2a ribavirin in patients with Type 4 chronic Hepatitis C. The results of this study showed that early response to therapy was a predictive factor of final response in Caucasians but not in Egyptian origin patients. Furthermore, regardless the racial lineage, the late response to therapy was more reliable in predicting the final response than early response. The molecular type of the virus was correlated to the imaging studies of the liver.

11. AWARDS – DISTINCTIONS – SCHOLARSHIPS

Awards for Scientific Achievements

1. **ORAL PRESENTATION AWARD** for the Oral Presentation "Tracing the health service needs in areas with particularities. An epidemiological study in

the Northeastern edge of Europe. The paradigm of Mani" 19th Panhellenic Congress of General Medicine, Crete, April 11-15, 2007.

2. **ORAL PRESENTATION AWARD** for the Oral Presentation: "Tracing the needs in health services in an urban area, before and after the operation of an urban – type health center. The experience of Vyronas" 20th Panhellenic Congress of General Medicine, Kastro, April 30 – May 4, 2008.

After election as Lecturer

- 3. **DIONYSIOS IKKOS AWARD** for the Oral Presentation "Evaluation of the efficacy of the health programme in the nutrition of teenagers: the VYRONAS study" 21st National Congress of General Medicine, Sithonia, April 22-26, 2009.
- 4. **1**st **AWARD** for the Presentation "Epidemiologic study of primary health care services in Mani: from the tracing of needs to making utopia a reality" 7th Multidisciplinary Medical Congress of Laconia, June 26-28, 2009.
- 5. "Best Abstract Award" with the presentation entitled: "SINGLE NUCLEOTIDE POLYMORPHISM (SNP) K469E G>A IN ICAM-1 GENE INCREASES THE RISK OF NON SMALL CELL LUNG CANCER IN HUMANS". EXCELLENCE in Oncology, Athens 18 20 November 2010.
- 6. **AWARD** for the participation in "Preventive Medicine" Meeting, Areopolis Health Center, Mani, June 23, 2012.
- Best Poster Presentation Award for the poster presentation: «Repair of inguinal hernia using the pectineal ligament as fixation point for the mesh Mc Vay technique: 20-year experience». 38th Annual National Medical Congress, Athens, May 16-19, 2012.

12. MEMBER OF SCIENTIFIC SOCIETIES

I. Greek:

- 1. Greek Surgical Society
- 2. Greek Society for Colorectal and Anal Surgery
- 3. Greek Society for Endocrine gland Surgery

- 4. International Research Institute of Telemedicine and Home care
- 5. Greek Society of Surgical Oncology
- 6. Greek Society of Laparoendoscopic Surgery and other Invasive Techniques
 - 7. International Institute of Hippocrates Kos

II. International:

- 1. ATLS Hellenic chapter of the American College of Surgeons
- Surgical Infection Society- Europe. European Society of Surgical Infections

13. ORGANIZATIONAL-ADMINISTRATIVE WORK

- Speech Coordinator
 - *April 2005*: Coordinator of the lecture with topic: "Recent knowledge on Shock". Health Center of Vyronas- General Hospital Hippocration
 - *June 2006*: Coordinator of the lecture with topic: "Acute surgical abdomen" during the seminar "Emergency in primary health care" Health Center of Vyronas-General Hospital Hippocration
 - *April 2008*: Coordinator of the lecture with topic: "Early diagnosis and treatment of melanoma" during the seminar "Malignant lesions of the skin". Health Center of Vyronas- General Hospital Hippocration

After election as a Lecturer

 May 2010: President of the Posters session at the 36th National Medical Congress, Athens 4th-8th May 2010.

- December 2010: President of the session "Dental, Ophthalmological, Gynecological, Orthopedical and otolaryngological emergencies" 2nd National Congress of Home Care- IRITEL (International Research Institute for Telemedicine and Home Care). Athens 15th-17th December 2010.
- *March 2011*: President of the lecture "Contemporary issues in constrained Surgery Morbid Obesity". Athens 19th March 2011.
- *May 2012*: Coordinator of the lecture "Organ donation: the infinite offer to student's training". 11th National Congress of the Nursing students, Athens 265th-27th May 2012
- *May 2012*: President of the Posters session at the 38th National Medical Congress, Athens 4th-8th May 2012.
- September 2012: President of the session "Ethical issues rising when informing patients about their neoplastic disease" 1st National Congress "Georgios N. Papanikolaou". Kimi Evoias, 21st-23rd September 2012.

- Participation in organizing committees

- Organizing the Postgraduate courses of the University Clinic, Nursing Department- Evgenidion Hospital
- Organizing the Postgraduate courses of the 2nd Surgical department of Evangelismos Hospital
- Organizing the Postgraduate courses of the Thoracic and Major Vascular Department of Evangelismos Hospital.
- 2004-2008: Organizing the Postgraduate courses and clinical seminars of the Health Center of Vyronas- General Hospital Hippocration.

After the election as a Lecturer

- 2008-2009: Organizing the Postgraduate courses and clinical seminars of the Health Center of Vyronas- General Hospital Hippocration.
- February 2010: Responsible for the organization of the Anatomy-Histology and Embryology Lab for the anatomical training on cadavers during the seminar "Surgery of the Pelvis", Athens 4th February 2010.
- December 2010: Member of the Scientific Committee of the 2nd
 National Congress of Home Care-IRITEL (International Research
 Institute for Telemedicine and Home Care)

- Organization of Clinical Seminars

- March 2006: Clinical seminar "Microsurgical interventions in a Health Center: From Theory to Practice" Health Center of Vyronas- General Hospital Hippocration
- *June 2006*: Clinical seminar "ATLS- treatment of the multi-injured patient during the 1st hour", Health Center of Vyronas, General Hospital Hippocration. (certificate 76)

After the election as a Lecturer

- March 2009: Clinical seminar "Algorithms in the treatment of a multi-injured patient" Health Center of Vyronas- General Hospital Hippocration.
- *May 2009:* Clinical seminar "Microsurgical interventions" Health Center of Vyronas- General Hospital Hippocration.
- *February 2010*: Educational seminar on cadavers during the seminar "Surgery of the Pelvis". Athens 4th February 2010.

- Administrative work

- *Academic year 2010-2011*: Faculty of Dentistry, Member of the Committee responsible for the ranking of medical students.
- *Academic year 2010-2011*: Faculty of Dentistry, Examiner and Rater of the Medical graduates at the lesson of Anatomy I and II.
- *Academic year 2011-2012*: Faculty of Dentistry, Member of the Committee responsible for the ranking of medical students.
- *Academic year 2011-2012*: Faculty of Dentistry, Examiner and Rater of the Medical graduates at the lesson of Anatomy I and II.
- *Academic year 2012-2013*: Faculty of Dentistry, Member of the Committee responsible for the ranking of medical students.
- *Academic year 2012-2013*: Faculty of Dentistry, Examiner and Rater of the Medical graduates at the lesson of Anatomy I and II.

14. PARTICIPATION IN SCIENTIFIC CONFERENCES

I. Invited Lecturer

- *June 2005*: "The dramatic improvement of pathophysiological parameters of cardiovascular, respiratory and gastrointestinal tract after surgical treatment of morbid obesity". Health Center of Vyronas- General Hospital Hippocration.
- May 2006: "Prophylactic surgery in individuals carrying the RET protooncogene in diseases of the thyroid gland. Can genetic testing play a central role in the surgical treatment?" Health Center of Vyronas- General Hospital Hippocration.
- September 2008: "The role of surgery in treatment of locally advanced breast cancer" Health Center of Vyronas- General Hospital Hippocration.

After the election as a Lecturer

- *January 2012*: "Surgical Anatomy: Basic or old fashioned tool in modern surgical training" 2nd Surgical Department, General Hospital METAXA, Piraeus, 30th January 2012.
- September 2012: "Prevention and surveillance of cancer of the hollow viscera of the digestive system". 1st National Congress "Georgios N. Papanikolaou" Cancer prevention. Kimi Evoias 21st-23rd September 2012.

II. Invitation as a Lecturer in Postgraduate lessons and Clinical seminars.

- October 1996: Postgraduate lesson "Inflammatory vaginitis Selection of the treatment and prevention of recurrence" Obstetrics and Gynecology Department, Hospital "Agia Olga"
- July 2006: Postgraduate lesson "New data on diagnostic access and treatment of bleeding of the upper digestive tract. The role of surgery" Health Center of Vyronas- General Hospital Hippocration.
- *March* 2007: Postgraduate lesson "Soft tissue infections" Health Center of Vyronas- General Hospital Hippocration.
- *June* 2007: Postgraduate lesson "The molecular base of acute pancreatitis" Health Center of Vyronas- General Hospital Hippocration.
- February 2008: Postgraduate lesson "Diagnosis and treatment of an acute abdomen". Health Center of Vyronas- General Hospital Hippocration.
- April 2008: Postgraduate lesson "Early diagnosis and treatment of melanoma" during the seminar "Benign lesions of the skin in Primary Health Care". Health Center of Vyronas- General Hospital Hippocration.

After the election as a Lecturer

- June 2009: Postgraduate lesson "Bleeding of the upper and lower digestive tract". Health Center of Vyronas- General Hospital Hippocration (Certificate 84).
- May 2011: Video-based "Safe Laparoscopic Cholecystectomy- Unexpected findings- Neoplasms, Gallbladder Cancer. 10th National Congress of Laparoendoscopic Surgery, Athens May 27th, 2011.
- May 2011: Lecture "Research in Minimally Invasive Surgery. Greek publications of the last three years concerning Minimally Invasive Surgery"
- May 2012: EDUCATIONAL SURGICAL SEMINARS. 27th SEMINAR
 SERIES- YEAR 2012. Educational seminars of the Greek Surgical Society.
 Topic:"Surgical Anatomy of the diaphragm. Hernias through the congenital foramen."
- April 2013: Educational Program General and Oncological Hospital of Kifissia "Agioi Anargyroi". Presentation's topic: "Diagnostic approach to soft tissue masses".

Invitation to Mass Media for scientific topics

• Invited to the TV Show "Better Life", interviewed by the journalist Maria Karra at the TV station "CHANNEL 10" with topic of discussion: "Cancer of the esophagus: predisposing factors, epidemiology, prevention and treatment"

III. Paper abstracts in Greek Congresses

- 1. MARIOLIS T., TSIGANIS T., NOMIKOS I. Need for precise anatomic localization of anorectal abscesses. XXI National Surgical Congress, Athens, 1-4 November 1998. Abstract book, page 192
- 2. HATZIKONSTANTINOU G., KONSTANTINOU G., ALVANOS G., MARIOLIS SAPSAKOS T., KOUNOUDIS X., VELOUDIS G., VOUTENTAKIS G., GIANNOPOULOS P. Case of an undiagnosed neck injury in a multiple trauma

- patient. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 66.
- 3. KOUNOUDIS H., KLIMOPOULOS S., KATSOULIS I., VELOUDIS G., MARIOLIS SAPSAKOS T., ALVANOS G., THEODORIDIS P. Leser-Trelat sign in a patient with carcinoma of the ampulla of Vater. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 78.
- 4. HATZIKONSTANTINOU G., MARIOLIS-SAPSAKOS T., KOUNOUDIS H., VELOUDIS G., ALVANOS G., GLENTIS P., THEODORIDIS P., KOSTARAS V., PAPAGEORGIOU G., KONSTANTINOU G., PAPADAKIS N., ILIOPOULOS A., KLIMOPOULOS S., PISIOTIS H., GIANNOPOULOS P. Laparoscopic Cholecystectomy. Our experience. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 227.
- 5. KONSTANTINOU G., ILIOPOULOS A., MARIOLIS-SAPSAKOS T., KOUNOUDIS H., VELOUDIS G., HATZIKONSTANTINOU G., ALVANOS G., THEODORIDIS P., GIANNOPOULOS P. Acute large bowel obstruction due to cancer. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 192.
- 6. KLIMOPOULOS S., KOUNOUDIS H., MARIOLIS-SAPSAKOS T., VELOUDIS G., GLENTIS P., VOUTETAKIS K., MOHAMMED K. Lower Spiegel hernia (LSH). Our ten years of experience. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 188

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- 7. ILIOPOULOS A., KLIMOPOULOS S., MARIOLIS-SAPSAKOS T., KOUNOUDIS H., VELOUDIS G., ALVANOS G., THEODORIDIS P., GLENTIS P., HATZIKONSTANTINOU G., PAPADAKIS N., KONSTANTINOU G. The application of synthetic mesh in inguinal hernia and abdominal wall defects. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 187.
- 8. KOBOROZOS V., PAPAGEORGIOU G., GLENTIS P., MARIOLIS T., KOSTARAS V., ALVANOS G., GIANNOPOULOS P. Acute adrenal insufficiency due to adrenal bleeding in surgical patients: correlation with the antiphospholipid syndrome. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 62.
- 9. KOUNOUDIS H., VELOUDIS G., MARIOLIS-SAPSAKOS T., ALVANOS G., GLENTIS P., VOUTENTAKIS K., KLIMOPOULOS S. Sizeable metastatic swelling of the neck from malignant melanoma. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 53.
- 10. PAPADAKIS N., MARIOLIS-SAPSAKOS T., VELOUDIS G., KOUNOUDIS H., VOUTETAKIS K., RESTOS S., ALVANOS G., KOSTARAS V., KONSTANTINOU G. Acute cholecystitis caused by rickettsia. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 262.
- 11 PAPAGEORGIOU G., KOBOROZOS V., MARIOLIS T., VELOUDIS G., GLENTIS P., KOUNOUDIS H., GIANNOPOULOS P. Primary hyperparathyroidism. The questionable utility of preoperative localization methods. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 274.

- 12. KLIMOPOULOS S., KOUNOUDIS H., MARIOLIS-SAPSAKOS T., VELOUDIS G., ALVANOS G., KOSTARAS V. Inguinal hernia repair under local anesthesia without postoperative hospitalization. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 162.
- 13. PAPAGEORGIOU G., KOBOROZOS V., GLENTIS P., VELOUDIS G., MARIOLIS T., ALVANOS A., GIANNOPOULOS P. The differentiated cancer of the thyroid gland in a period of three years from 1998 to 2000. Staging and histological characteristics affecting the prognosis. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 260.
- 14. PAPAGEORGIOU G., KOMPOROZOS V., VELOUDIS G., GLENTIS P., MARIOLIS T., ALVANOS G., THEODORIDIS P., GIANNOPOULOS P. Subclinical thyroid gland cancer during the last three years. Comparison with previous experience. XXII National Surgical Congress. Athens, 18-22 November 2000. Abstract book, page 134.
- 15. KOMPOROZOS V., GLENTIS P., MARIOLIS T., KOSTARAS V., GIANNOPOULOS P. Acute adrenal insufficiency due to adrenal bleeding in surgical patients: correlation with the antiphospholipid syndrome. 20th National Congress of Gastroenterology. Athens 1-5 November 2000. Abstract book, page 59.
- 16. KOMPOROZOS V., KOUNOUDIS H., MARIOLIS T., ALVANOS G., REKOUMIS G., GIANNOPOULOS P. Our experience in the treatment of fecal incontinence. 20th National Congress of Gastroenterology. Athens 1-5 November 2000. Abstract book, page 68.
- 17. ALVANOS G. VELOUDIS G., MARIOLIS-SAPSAKOS T., GLENTIS P., PAPAGEORGIOU G. Preoperative methods used for localization in primary hyperparathyroidism: What is needed and when? 7th National Congress of Endocrine Surgery, Thessaloniki 7-9 December 2001. Abstract book, page 72.

- 18. STAVROPOULOS G., FERETIS H., MARIOLIS T. The contribution of advanced laparoscopic surgery in the treatment of oesophagitis caused by reflux disease. 24th National Congress of Gastroenterology. Athens 6-9 November 2004. Abstract book, page 23.
- 19. MARIOLIS-SAPSAKOS T., KIRIAZI M., SMAILIS D., BATHRELOS E., ORFANOS F., THEODOULOU K., STAVROPOULOS G., HARKOFTAKIS I., KIRIAKOU K. The surgical treatment of hemorrhoids using an automatic machine resection anastomoses of the rectal mucosa. 1st National Conference of the Greek Society for Surgery of the Colon Anal, Thessaloniki 25-27 February 2005. Abstract book, page 75.
- 20. ORFANOS N., MARIOLIS-SAPSAKOS T., ORFANOS F., GOUTAS N., VLACHODIMITROPOULOS D., ANTONIOU A. Case report: Giant parathyroid adenoma with mild hypercalcemia and non typical ultrasound imaging. 25th National Surgical Congress and International Surgical Forum. Athens 22-26 November 2006. Suppl abstract book, page 1.
- 21. STAVROPOULOS G., MARIOLIS-SAPSAKOS T., ORFANOS N., KONSTANTINOU E., MARIOLIS A., TRANOUDAKIS D., KIRIAKOPOULOS A., ORFANOS F. Laparoscopic fundoplication Nissen: safe and effective in the treatment of gastro-oesophageal reflux disease. 25th National Surgical Congress and Internationsal Surgical Forum. Athens 22-26 November 2006. Suppl abstract book, page 1.
- 22. MARIOLIS-SAPSAKOS T., ORFANOS N., KIRIAZI M., GOUTAS N., VLACHODIMITROPOULOS D., MALAMITSI I., ORFANOS F. Anorectal melanoma: The role of the sentinel lymph node in surgical treatment. 25th National Surgical Congress and Internationsal Surgical Forum. Athens 22-26 November 2006. Suppl abstract book, page 1.
- 23. MIHAS K., MARIOLIS T., ALEVIZOS A., OIKONOMIDOU E., ALIFERIS D., SALVANOS L., NIKIFORAKIS I., AIVALIOTIS I., MARIOLIS A. Forming the healthy-diet habits of a teenager in an urban region: Results from the study

- VYRONAS. 19th National Congress of General Medicine. Hersonisos Heraklion, Crete, 11-15 April 2007. Abstract book, page 54.
- 24. MARIOLIS A., MIHAS K., ALOGIANNI P., PERIMENI D., ALIFERIS D., MARIOLIS T., ALEVIZOS A. Detection of needs for health services in areas with specific characteristics. Epidemiological Study in the South East extremity of mainland Europe: The Example of Mani. 19th National Congress of General Medicine. Hersonisos Heraklion, Crete, 11-15 April 2007. Abstract book, page 476.
- 25. ALEVIZOS A., MIHAS K., MARIOLIS T., FANOU D., LARIOS G., FOTOPOULOS A., GOUVALARIS V., PERIMENIS A., ALIFERIS D., PAPATHANASIOU M., MARIOLIS A. Investigation of erectile dysfunction in primary health care. 19th National Congress of General Medicine. Hersonisos Heraklion, Crete, 11-15 April 2007. Abstract book, page 276.
- 26. ALEVIZOS A., LARIOS G., MIHAS K., MARIOLIS T., FANOU D., KONSTANTINOU E., ALEVIZOU A., PERIMENIS A., PAPATHANASIOU M., MARIOLIS A. Level of knowledge and usual questions of an urban population concerning sexually transmitted infections. 19th National Congress of General Medicine. Hersonissos Heraklion, Crete, 11-15 April 2007. Abstract book, page 338.
- 27. MIHAS K., ALEVIZOS A., MARIOLIS T., ARAPAKI A., ALOGIANNI P., SIDIRAS P., LITINA D., KONSTANTINOU L., TSANTOULAS L., MARIOLIS A. General Medicine: The opinion reported from other specialties. 19th National Congress of General Medicine. Hersonissos Heraklion, Crete, 11-15 April 2007. Abstract book, page 13.
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Total Number: 119

Candidate position among writers

 1st in:
 12

 2nd in:
 19

 Last in:
 26

 Other position in:
 62

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- 44. GEORGIOU G, AL AHWAL J, MATIATOU M, PAPAPANAGIOTOU I, ZOULAMOGLOU M, PIPEROS T, GOUTAS N, KALLES V, MENENAKOS E, MARIOLIS T. Small-Cell Carcinoma of the Gallbladder: Case Report and Review of Literature. 10th Annual Conference for the Diagnosis and Treatment of Neuroendocrine Tumor Disease. Barcelona, Spain 6-8 March 2013.
- 45. BARKOLIAS C, ORFANOS N, GEORGIOU G, KALLES V, PAPAPANAGIOTOU I, FLESSAS I, VRAKOPOULOU GZ, KAKLAMANOS I, **MARIOLIS SAPSAKOS T.** Heterotopic Pancreatic Tissue Located in the subserosa of the jejunum: A Case Report. 10th Annual Conference for the Diagnosis and Treatment of Neuroendocrine Tumor Disease. Barcelona, Spain 6-8 March 2013.

Total Number: 45

Candidate position among writers

 1st in:
 4

 2nd in:
 7

 Last in:
 9

 Other position in:
 25

LIST OF FULL GREEK PUBLICATIONS IN TEXTBOOK CHAPTERS AND CONFERENCE PROCEEDINGS

List of full Greek publications in conference proceedings

- 1. MARIOLIS T, TSIGANIS T, NOMIKOS IN. Need for exact anatomical localization of the colorectal inflammations. A chapter that contained in the book ''Developments in Surgery'' Synedron Publications, Athens, Volume B, 1998.
- 2. ILIOPOULOS A, KLIMOPOULOS S, MARIOLIS-SAPSAKOS T, KOUNOUDIS C, VELOUDIS G, ALVANOS G, THEODORIDIS P, GLENTIS P, CHATZIKONSTANTINOU P, PAPADAKIS N, KONSTANTINOU G. The application of synthetic meshes in the plastic repair of inguinal hernias and ventricle deficits. Developments in Surgery 2000. Synedron Publications, p. 98-100.
- 3. KLIMOPOULOS S, KOUNOUDIS C, MARIOLIS-SAPSAKOS T, VELOUDIS G, ALVANOS G, KOSTARAS V. Inguinal hernia repair with local anesthetic, without postoperative hospitalization. Developments in Surgery 2000. Synedron Publications 2000, p. 126-127.
- 4. KLIMOPOULOS S, KOUNOUDIS C, MARIOLIS T, VELOUDIS G, GLENTIS P, VOUTETAKIS K, MOHAMMED K. Low Spiegel hernia (LSH). Experience of a decade. Developments in Surgery 2000. Synedron Publications, p. 130-131.
- 5. KONSTANTINOU G, ILIOPOULOS A, MARIOLIS-SAPSAKOS T, KOUNOUDIS C, VELOUDIS G, HATZIKONSTANTINOU G, ALVANOS G, THEODORIDIS P, GIANNOPOULOS P. Acute large intestine obstruction from cancer. Developments in Surgery 2000. Synedron Publications, p. 305-308.

- 6. HATZIKONSTANTINOU G, MARIOLIS-SAPSAKOS T, KOUNOUDIS C, VELOUDIS G, ALVANOS G, GLENTIS P, THEODORIDIS P, KOSTARAS V, PAPAGEORGIOU G, KONSTANTINOU G, PAPADAKIS N, ILIOPOULOS A, KLIMOPOULOS S, PISIOTIS C, GIANNOPOULOS P. Laparoscopic cholecystectomy. Our experience. Developments in Surgery 2000. Synedron Publications, p. 469-471.
- 7. KOUNOUDIS C, KLIMOPOULOS S, KATSOULIS I, VELOUDIS G, MARIOLIS T, ALVANOS G, THEODORIDIS P. The Leser-Trelant sign in a patient with cancer in Vater's ampulla. Developments in Surgery 2000. Synedron Publications, p. 500.
- 8. HATZIKONSTANTINOU G, KONSTANTINOU G, ALVANOS G, MARIOLIS-SAPSAKOS T, KOUNOUDIS C, VELOUDIS G, VOUTETAKIS K, GIANNOPOULOS P. A case of an undiagnosed cervical injury in a multiple injured patient. Developments in Surgery 2000. Synedron Publications, p. 568-570.

Total: 1. Already published: 8
2. Accepted to be published: -

Candidate position among writers

 1st in:
 1

 2nd in:
 1

 Last in:

 Other position in:
 6

List of full publications in conference proceedings

1. KOUMARIANOU A, MARIOLIS-SAPSAKOS T, SOULAKIS G, KAKLAMANOS I, KIALE K, PANTELAKOS P, PATAPIS P, PEROS G, ECONOMOPOULOS T. Individual Molecular profile Influences Treatment Decision in Metastatic Breast Cancer. 9th International Conference of Medicinal Chemistry: Drug Discovery and Design. Departments of Chemistry and Pharmacy of the University of Patras. March 26-28, Patra, Hellas

 2^{nd} in:

1

List of full Greek publications in textbook chapters

1. KAKLAMANOS I, BIRBAS K, MARIOLIS SAPSAKOS T, BONATSOS G, Regional and systemic recurrences in patients with early-stage breast cancer followed by negative sentinel node biopsy. Honorary Volume for Professor Christos S. Bartsokas

15. RESEARCH PUBLICATIONS FOREIGN PUBLICATIONS

Total: 36

1st Writer: 5 2nd Writer: 4 3rd Writer: 4 Last Writer: 4 Other Position: 18

A. PUBLICATIONS IN SCI MAGAZINE

Total: 31 (Already published: 28, Accepted to be published: 3)

B. PUBLICATIONS IN INTERNET MAGAZINE BESIDES SCI

Total: 2 (Already published: 2)

C. PUBLICATIONS IN MAGAZINES BESIDES SCI

Total: 3 (Already published: 3)

Thematic distribution

- Descriptive Anatomy
- Clinical Anatomy
- Surgical and Radiographic Anatomy
- Education
- Molecular Biology Pathology
- Surgery

Kind of publication

- Laboratory Research study in cadaveric material
- Research Molecular Study
- Clinical Laboratory Study
- Case description
- Surgical Clinical Study
- Imaging Anatomy Clinical Study

• Liver Pathology Molecular Study

Literature Reference From ISI: 65 From textbooks: From other sources: Self-reference: Total: 65 KATALOGUE OF FULL PYBLISHED REPORTS AND STUDIES IN **JOURNALS OF SCI** 1. MARIOLIS-SAPSAKOS T, KYRIAZI M, SMAILIS D, BATHRELOS E, ORFANOS F, THEODOULOU K, STAVROPOULOS G, HARKOFTAKIS I, KIRIAKOU K. Surgical treatment of hemorrhoids with the use of stapler. Surgical Chronicles 2005. 10 (4); 351-356. (SCOPUS) Subject: **Anal Surgery** Method: Retrospective study Material: 64 References: Impact Factor: 2. ORFANOS N, MARIOLIS-SAPSAKOS T, ORFANOS F, GOUTAS N, VLACHODIMITROPOULOS D, ANTONIOU A. Giant parathyroid Adenoma with atypical Ultrasonographic Image. Clin Nucl Med 2007; 32:239-241. (PUBMED) Subject: Surgery of Endocrine glands

Study with Ultrasound

1

Impact Factor: 3,674

Method:

Material:

References:

3. MARIOLIS A, MIHAS C, ALEVIZOS A, GIZLIS V, **MARIOLIS T**, MARAYIANNIS K, TOUNTAS Y, STEFANADIS C, PHILALITHIS A,

CREATSAS: General Practice as a career choice among undergraduate medical

students in Greece. BMC Medical Education 2007,7:15. (PUBMED)

Subject: Education

Method: Research Study

Material: 1237

References: 17

ACADEMIC MEDICINE

BMC MEDICAL EDUCATION (2)

NATIONAL MEDICAL JOURNAL OF INDIA INTERNATIONAL JOURNAL OF HEALTH

SERVICES

MEDICAL TEACHER (3) MEDICAL EDUCATION (2)

MEDICAL JOURNAL OF AUSTRALIA

BMC FAMILY PRACTICE BIOSCIENCE TRENDS

FAMILY PRACTICE

ATENCION PRIMARIA

CANADIAN MEDICAL ASSOCIATION JOURNAL

BMC HEALTH SERVICES RESEARCH

Impact Factor: 1,152

4. MARIOLIS-SAPSAKOS T, MALAMITSI J, YAKOUMAKIS E, ORFANOS

F. Is sentinel node mapping useful in anorectal melanoma? *Hell J Nucl Med 2008 Jan-Apr*; 11(1): 39-42. (*PUBMED*)

Subject: Surgical Anatomy of anorectal canal

Method: Anatomical identification of sentinel lymph node with

radioactive isotope

Material: 1

References: 5

SURGEON-JOURNAL OF THE ROYAL COLLEGES OF SURGEONS OF EDINBURGH AND IRELAND

TECHNIQUES IN COLOPROCTOLOGY CHINESE JOURNAL OF CANCER RESEARCH HELLENIC JOURNAL OF NUCLEAR MEDICINE (2) WORLD JOURNAL OF SURGICAL ONCOLOGY

Impact Factor: 0,805

5. EVANGELOU K, KOTSINAS A, MARIOLIS-SAPSAKOS T, GIANNOPOULOS A, TSANTOULIS KP, CONSTANTINIDES C, TROUPIS GT, SALMAS M, KYROUDIS A, KITTAS C, GORGOULIS VG. E2F-1 overexpression correlates with decreased proliferation and better prognosis in adenocarcinomas of Barrett oesophagus. J Clin Pathol 2008;000:1–6. (PUBMED)

Subject: Carcinogenesis of Esophagus Barett

Method: Molecular Study

Material: 35

References: 6

VIRCHOWS ARCHIV

EMBO JOURNAL

EXPERIMENTAL AND MOLECULAR MEDICINE

AMERICAN JOURNAL OF PATHOLOGY

CELL BIOLOGY INTERNATIONAL

LEUKEMIA & LYMPHOMA

Impact Factor: 2,306

6. MARIOLIS A, MIHAS C, ALEVIZOS A, **MARIOLIS- SAPSAKOS T**, SERGEDANIS T, KALOGERAKOS M, VIRVILIS C, FOURKAS K, SCANDALAKIS P, STEFANADIS C. Dissatisfaction with cardiovascular health and primary health care services: Southern Mani, isolated area in Europe. A case study. *Hell J Cardiol (PUBMED)*

Subject: Epidemiology

Method: Research study

Material: 422

References: 1

HELLENIC JOURNAL OF CARDIOLOGY

Impact Factor: 1,227

7. MARIOLIS A, MIHAS C, ALEVIZOS A, **MARIOLIS - SAPSAKOS T**, MARAYIANNIS K, PAPATHANASIOU M, GIZLIS V, KARANASIOS D, and MERKOURIS B: Comparison of primary health care services between urban and rural settings after the introduction of the first urban health centre in Vyronas, Greece . *BMC Medical Education* **2008**, **8:124**. (*PUBMED*)

Subject: Epidemiology

Method: Research Study

Material: 145415 vs. 112513

References: 4

INTERNATIONAL JOURNAL OF MEDICAL

SCIENCES

PSYCHIATRY AND CLINICAL NEUROSCIENCES

BMC HEALTH SERVICES RESEARCH

INTERNATIONAL JOURNAL OF NURSING

PRACTICE

Impact Factor: 1,152

8. KOSTI RI, PANAGIOTAKOS DB, TOUNTAS Y, MIHAS CC, ALEVIZOS A, **MARIOLIS T**, PAPATHANASSIOU M, ZAMPELAS A, MARIOLIS A.

Parental Body Mass Index in association with the prevalence of overweight/obesity among adolescents in Greece; dietary and life style habits in the context of the family environment: The Vyronas study.

Appetite 2008 Feb 14. (PUBMED)

Subject: Morbid Obesity - Medicine

Method: Multicentral Clinical Study

Material: 2127

References: 7

Impact Factor: 2,585

CADERNOS DE SAUDE PUBLICA

SCANDINAVIAN JOURNAL OF PUBLIC

HEALTH ANNALS OF HUMAN GENETICS

JOURNAL OF PEDIATRIC ENDOCRINOLOGY &

METABOLISM

JOURNAL OF BEHAVIORAL MEDICINE

INTERNATIONAL JOURNAL OF FOOD

SCIENCES AND NUTRITION

DIABETES RESEARCH AND CLINICAL

PRACTICE

9. MARIOLIS A, MIHAS C, ALEVIZOS A, PAPATHANASIOU M, MARIOLIS - SAPSAKOS T, MARAYIANNIS K, KOUTSILIERIS M: Evalution of a clinical attachment in primary Health Care as a component of undergraduate medical education . *Medical Teacher 2008*, 30: 200-207. (PUBMED)

Subject: Education

Method: Recearch study

Material: 667

References: 1

HUMAN RESOURCES FOR HEALTH

Impact Factor: 1,217

After the election as Assistant Professor in University

10. MIHAS C, MARIOLIS A, MANIOS Y, NASKA A, PANAGIOTAKOS D, ARAPAKI A, ALEVIZOS A, MARIOLIS-SAPSAKOS T, TOUNTAS Y. Overweight/obesity and factors associated with body mass index during adolescence: the VYRONAS study. Acta Paediatr. 2009 Mar;8(3):495-500. doi: 10.1111/j.1651-2227.2008.01129.x. Epub 2008 Nov 22 (PUBMED) Subject: Obesity

Method: Recearch Study

Material: 2008

References: 8

JOURNAL OF AFFECTIVE DISORDERS INTERNATIONAL JOURNAL OF OBESITY

HEALTH EDUCATION & BEHAVIOR

INTERNATIONAL JOURNAL OF BEHAVIORAL NUTRITION AND PHYSICAL ACTIVITY

BMC PUBLIC HEALTH

PUBLIC HEALTH NUTRITION

PRAXIS DER KINDERPSYCHOLOGIE UND

KINDERPSYCHIATRIE

AMERICAN JOURNAL OF EPIDEMIOLOGY

Impact Factor: 2,073

11. ELEFSINIOTIS IS, PAVLIDIS C, VEZALI E, MARIOLIS-SAPSAKOS T, KOUTSOUNAS S, SAROGLOU G. Impact of hepatitis B exposure on sustained virological response rates of highly viremic chronic hepatitis C patients.

Gastroenterol Res Pract. 2009;2009:812140. doi: 10.1155/2009/812140. Epub 2009 Apr 15. (*PUBMED*)

Subject: Molecular biology, immunology

Method: Research Study

Material: 185

References: -

Impact Factor: 0,978

12. ELEFSINIOTIS IS, PAVLIDIS C, DIMITROULOPOULOS D, VEZALI E, MIHAS C, **MARIOLIS-SAPSAKOS T**, KOUTSOUNAS S, PARASKEVAS E, SAROGLOU G. Differential viral kinetics in treated genotype 4 chronic hepatitis C patients according to ethnicity. *J Viral Hepat.* 2009 Oct;16(10):738-42. doi: 10.1111/j.1365-2893.2009.01134.x. Epub 2009 Apr 22. (PUBMED)

Subject: Molecular biology, immunology

Method: Retrospective study

Material: 123

References: 3

JOURNAL OF MEDICAL VIROLOGY ANNALS OF HEPATOLOGY HEPATITIS MONTHLY

Impact Factor: 4,088

13. FOTIS T, KONSTANTINOU E, MARIOLIS-SAPSAKOS T, MITSOS A, RESTOS S, KATSENIS K, ELEFSINIOTIS I, KAPELLAKIS G. Solitary internal jugular vein invasion by thyroid carcinoma: resection and reconstruction.

J Vasc Nurs. 2009 Jun;27(2):46-7. doi: 10.1016/j.jvn.2009.02.001. Review. (*PUBMED*)

Subject: Surgical Anatomy

Method: Case Report

Material: 1

References: 1

ENT-EAR NOSE & THROAT JOURNAL

Impact Factor:-

14. MIHAS C, MARIOLIS A, MANIOS Y, NASKA A, ARAPAKI A, MARIOLIS-SAPSAKOS T, TOUNTAS Y. Evaluation of a nutrition intervention in adolescents of an urban area in Greece: short- and long-term effects of the VYRONAS study. Public Health Nutr. 2010 May;13(5):712-9. doi: 10.1017/S1368980009991625. Epub 2009 Sep 28. (PUBMED)

Subject: Obesity

Method: Perspective study

Material: 191

References: 9

BRITISH MEDICAL JOURNAL

BMC PUBLIC HEALTH

JOURNAL OF PUBLIC HEALTH CLINICAL PSYCHOLOGY REVIEW

JOURNAL OF THE AMERICAN COLLEGE OF

NUTRITION

REVISTA DE SAUDE PUBLICA

INTERNATIONAL JOURNAL OF BEHAVIORAL

NUTRITION AND PHYSICAL ACTIVITY

APPETITE

NUTRITION JOURNAL

Impact Factor: 2,169

 KONSTANTINOU EA, FOTIS T, MITSOS A, NOMIKOU I, MAMOURA K, KARAVASOPOULOU A, BASTAKI M, MARIOLIS-SAPSAKOS T, ZARMAKOUPIS K. Incidental catheterization of a radical arterial branch during vascular cannulation: A case report. J Vasc Nurs. 2009 Dec;27(4):107-8. doi: 10.1016/j.jvn.2009.09.005. (PUBMED)

Subject: Surgical Anatomy

Method: Case report

Material: 1

References: -

Impact Factor:

16. MARIOLIS-SAPSAKOS T, THEODOROPOULOS G, FLESSAS II, ORFANOS F, ORFANOS N, KONSTANTINOU EA, ZAGOURI F, VLACHODIMITROPOULOS D, ZOGRAFOS GC. Lobular breast cancer in men: case report and review of the literature. Onkologie. 2010;33(12):698-700. doi: 10.1159/000322224. Epub 2010 Nov 26. Review. (PUBMED)

Subject: Pathology – Surgical Anatomy

Method: Case report - Review

Material: 1

References: 1

ONKOLOGIE

Impact Factor: 0,868

17. KONSTANTINOU E, **SAPSAKOS MARIOLIS T**, FOTIS T, MITSOS A, RESTOS S, MAMOURA K, SOULTATI A, ELEFSINIOTIS I, KAPELLAKIS G. Preventive thyroidectomy in patients with hereditary medullary thyroid carcinoma found heterozygote for mutant RET proto-oncogene. **Pediatr Endocrinol Rev. 2010 Dec;8(2):108-13. Review. Erratum in: Pediatr Endocrinol Rev. 2011 Dec;9(2):608.** (PUBMED)

Subject: Molecular Biology - Surgery

Method: Perspective study

Material: 19

References: -

Impact Factor:-

18. KONSTANTINOU EA, BRADY JM, SOULTATI A, MITSOS A, MAMOURA K, **MARIOLIS TS**, CHRISTINA DD, FOTIS T. Intraoperative use of cell saver on patients undergoing open abdominal aortic aneurysm surgical repair: a Greek hospital experience. *J Perianesth Nurs.* 2011 Aug;26(4):225-30. doi: 10.1016/j.jopan.2011.04.065. (PUBMED)

Subject: Histology - Transfusion

Method: Perspective study

Material:

References:

Impact Factor: 0,350

19. PIPEROS T, KALLES V, AL AHWAL Y, KONSTANTINOU E, SKARPAS G, MARIOLIS-SAPSAKOS T. Clinical significance of de Garengeot's hernia: A case of acute appendicitis and review of the literature. *Int J Surg Case Rep.* 2012;3(3):116-7. doi: 10.1016/j.ijscr.2011.12.003. Epub 2011 Dec 21. (PUBMED) Subject: **Surgical Anatomy** Method: Case report - Review 1 Material: References: Impact Factor:0,714 20. STAVROPOULOS G, FLESSAS II, MARIOLIS-SAPSAKOS T, ZAGOURI F, THEODOROPOULOS G, TOUTOUZAS K, MICHALOPOULOS NV, TRIANTAFYLLOPOULOU I, TSAMIS D, SPYROPOULOS BG, ZOGRAFOS GC. Laparoscopic repair of giant paraesophageal hernia with synthetic mesh: 45 consecutive cases. Am Surg. 2012 Apr;78(4):432-5. (PUBMED) Subject: Endoscopic Surgery – Surgical Anatomy Method: Retrospective study 45 Material: References: Impact Factor: 1,28 21. FLESSAS I, MENENAKOS E, TSAMIS D, MARIOLIS-SAPSAKOS T, PANOUSSOPOULOS GS. MICHALOPOULOS NV. TRIANTAFYLLOPOULOU I, ZOGRAFOS GC. Gastrocutaneous fistula after laparoscopic sleeve gastrectomy and stent placement: postoperative endoleak? **Am Surg**. 2012 Mar;78(3):E181-2. (PUBMED) Subject: Endoscopic Surgery – Surgical Anatomy Method: Retrospective study Material:

Impact Factor: 1,28

References:

22. THANOPOULOU E, KOTZAMANIS G, PATERAS IS, ZIRAS N, PAPALAMBROS A, **MARIOLIS-SAPSAKOS** T, SIGALA F, JOHNSON E, KOTSINAS A, SCORILAS A, GORGOULIS VG. The single nucleotide polymorphism g.1548A >G (K469E) of the ICAM-1 gene is associated with worse prognosis in non-small cell lung cancer. *Tumour Biol. 2012 Oct;33(5):1429-36. doi: 10.1007/s13277-012-0393-4. Epub 2012 May 6.* (*PUBMED*)

Subject: Molecular Biology

Method: Research Study/ Tumor Markers

Material: 203 και 175

References: 2

MOLECULAR BIOLOGY REPORTS

CANCER SCIENCE

Impact Factor: 2,143

23. CHRYSIKOS D, ZAGOURI F, SERGENTANIS TN, GOUTAS N, VLACHODIMITROPOULOS D, FLESSAS I, THEODOROPOULOS G, LYMPERI M, BIRBAS K, ZOGRAFOS GC, **MARIOLIS-SAPSAKOS T**. Mucinous tubular and spindle cell carcinoma of the kidney: a case report. *Case Rep Oncol*. 2012 May;5(2):347-53. doi: 10.1159/000339802. Epub 2012 Jul 3. (*PUBMED*)

Subject: Pathology

Method: Case Report

Material: 1

References: -

Impact Factor:

24. KONSTANTINOU EA, STAFYLARAKIS E, KAPRITSOU M, MITSOS AP, FOTIS TG, KIEKKAS P, MARIOLIS-SAPSAKOS T, ARGYRAS E, NOMIKOU IT, DIMITRAKOPOULOS A. Greece reports prototype intervention with first peripherally inserted central catheter: case report and literature review. J Vasc Nurs. 2012 Sep;30(3):88-93. doi: 10.1016/j.jvn.2012.03.001. Review. (PUBMED) Subject: Vascular Catheterization, Anatomy of Radiology Method: Case Report, Review 1 Material: References: Impact Factor: 25. PAPAKONSTANTINOU E, ORFANOS F, MARIOLIS-SAPSAKOS T, VLAHODIMITROPOULOS D, KONDI-PAFITI A. A rare case of intrinsic ureteral endometriosis causing hydronephrosis in a 40-year-old woman. A case report and literature review. Clin Exp Obstet Gynecol. 2012;39(2):265-8. Review (PUBMED) Subject: Pathology Method: Case Report, Review 1 Material: References: Impact Factor: 0,429 26. KALLES V, MEKRAS A, MEKRAS D, PAPAPANAGIOTOU I, AL-HARETHEE W, SOTIROPOULOS G, LIAKOU P, KASTANIA A, PIPEROS T, MARIOLIS-SAPSAKOS T. De Garengeot's hernia: a comprehensive review. *Hernia.* 2012 Sep 16. (PUBMED) Subject: Surgical Anatomy

Method: Review

Material:

References:

Impact Factor: 1,843

27. MARIOLIS-SAPSAKOS T, KALLES V, PAPATHEODOROU K, GOUTAS N, PAPAPANAGIOTOU I, FLESSAS I, KAKLAMANOS I, ARVANITIS DL, KONSTANTINOU E, SGANTZOS MN. Anatomic variations of the right hepatic duct: results and surgical implications from a cadaveric study. *Anat Res Int.* 2012;2012:838179. doi: 10.1155/2012/838179. Epub 2012 Sep 29. (PUBMED)

Subject: Descriptive Anatomy

Method: Anatomy in cadaver

Material: 73 Cadavers

References: -

Impact Factor:

28. PAPAKONSTANTINOU E, KALLES V, PAPAPANAGIOTOU I, PIPEROS T, KARAKAXAS D, BONATSOS V, TSOUMAKAS K, ORFANOS F, **MARIOLIS-SAPSAKOS T**. Subcutaneous splenosis of the abdominal wall: report of a case and review of the literature. *Case Rep Surg.* 2013;2013:454321. doi: 10.1155/2013/454321. Epub 2013 Jan 15(PUBMED)

Subject: Pathology

Method: Case Report, Review

Material: 1

References: -

Impact Factor:

29. ELEFSINIOTIS I, TSOUMAKAS K, KAPRITSU M, MAGAZIOTOU I, DERDEMEZI A, **MARIOLIS SAPSAKOS T**, KONSTANTINOU E. Liver function tests in viremic and non-viremic chronic HBV infected pregnant women. Importance of ALT / sodium ratio. *Gastroenterology Nursing* (accepted to publication) (PUBMED)

Subject: Virology, Liver Function

Method: Molecular and Biochemical Analysis

Material: 95

		Impact Factor: 0,705		
30.	ELEFSINIO' KONSTANT resection from	ΓΙS I, MARIOLIS SAPS TINOU E. Fast-track recove	NAKOPOULOU M, KAKLAMANOS AKOS T, BIRBAS K, ery after major liver and pancreatic w. Gastroenterology Nursing	I,
	Subject:	Hepato-Pancreatic Sur	rgery	
	Method:	Study of Literature	e (2001-2012)	
	References:	-		
		Impact Factor: 0,705		
31.	MARIOLIS ELEFSINIO catheters in N	– SAPSAKOS T, KAPRI ΓIS I. Central Vascular Car Nurse Anesthesia. A perspe	D, MITSOS A, KONSTANTINOU M, TSOU M, STAFYLARAKIS E, theters vs peripherally inserted central ective in the Greek Health System. (αποδεκτό, προς δημοσίευση)	
	Subject:	Angiology, Vascular a	nnatomy	
	Method:	Central Venous Cathete	eriazation	
	Material:	41, 39		
	References:	-		
		Impact Factor: 1,09		
D.				
PUB	SLICATIONS	IN INTERNATIONAL J	OURNALS OTHER THAN SCI	
TO	TAL:		31	
1 ST A	AUTHOR:		4	
2 ND .	AUTHOR:		2	

References:

3 ^{RI}	AUTHOR:		4
LA	ST AUTHOR	:	4
ОТ	HER POSITION	ON:	17
TO	TAL IMPAC	34,833	
AVERAGE IMPACT FACTOR:			1,123
INDEX h			6
TO	TAL LITERA	67	
B.]	PUBLICATIO	ONS IN INTERNET JOURNALS OUT	Γ OF SCI
	TOTAL: 2	[PUBLISHED: 2]	
1.	MITSOS A. O	GIANNAKOPOULOU M, KAKLAMA	NOS I, KAPRITSOU M,
	KONSTANT	INOU M, FOTIS T, MAMOURA K, M	ARIOLIS-SAPSAKOS T,
	NTOUNTAS	I, KONSTANT INOU E. Endovascula	ar Treatment of Cerebral
	•	n Relation to Their Parent Artery Wall: a pgy Journal 26: 000-000,2013.	a Single Center Study. <i>The</i>
	Subject:	Neurosurgery, Vascular Brain Ana	ntomy
	Method:	Endovascular Therapy Brain Aneur	ysms
	Material:	145	
	References:	- Impact Factor:	

2. **MARIOLIS-SAPSAKOS T**, KALLES V, PAPAPANAGIOTOU I, MEKRAS A, BIRBAS K, KAKLAMANOS IG, BONATSOS G. A rare case of Spigelian hernia penetrating the external oblique muscle. *OA Case Reports* 2013 Feb 28;2(2):11.

Subject: Surgery – Case Report

Methods: Surgical and Imaging Anatomy

Material: 1

References: -

Impact Factor: -

Rank of Candidate among the others Authors

1st:

Other position:

Kind of Publication

• Clinical Studies: 1

• Clinical Case:1

Endovascular Surgery, αγγείων εγκεφάλου-βάσης κρανίου, surgical anatomy/surgical repair of Spigel Hernia

Γ. PUBLICATIONS IN JOURNALS OUT OF SCI

TOTAL: 3 [Published: 3]

 STAUROPOULOS G, MARIOLIS A, THEODOULOU K, FLESSAS I, CHAROCOFTAKIS I, KONSTANTINOU E, KYRIAKOU K, ORFANOS F, MARIOLIS – SAPSAKOS T. ELEFSINIOTIS I. Laparoscopic surgical therapy for gastroesophageal reflux. *Hellenic Journal of Surgery 2009*; 81, 5:169-172.

Subject: Laparoscopic Surgery – Esophageal Hiatus Anatomy

Subject: pH-Manometry of Esophagus- GER Disease –Nissen

Technique

Material: 52

	References: - Impact Factor: -
2.	FLESSAS I, MARIOLIS – SAPSAKOS TH , ORFANOS N, SKARPAS G, KONSTANDINOU E, ZAGOURI F, NOMIKOU E, VLACHOS CH, CHRISIKOS D, ZOGRAFOS G, ORFANOS F. The role of intraoperative abdominal ultrasound. <i>Hellenic Journal of Surgery 2009; 81, 6:215-219</i> .
	Subject: Surgery
	Method: Intraoperative Ultrasound – Imaging Anatomy Material: 37
	References: - Impact Factor:
3. k	KOUMARIANOU A, MARIOLIS SAPSAKOS T, SOULAKIS G, KAKLAMANOS I, KIALE K, PANTELAKOS P, PATAPIS P, PEROS G, ECONOMOPOULOS T. Individual Molecular profile Influences Treatment Decision in Metastatic Breast Cancer. Review of Clinical Pharmacology and Pharmacokinetics, 2009; 23 (1):17. (SCOPUS)
	Subject: Molecular Biology – Breast Cancer
	Method: Research study Material:
	References: - Impact Factor: -
	Rank of candidate among the other authors

 2^{nd} :

Other position:	1	
Kind of Publication		
•	Clinical Studies: 2 Research Studies: 1	I
Laparoscopic Surgery, In biology/clinical oncology	maging Anatomy /intraoperative, molecu	
GREEK PUBLICATIONS		
A. PUBLICATIONS IN GREEK JO	URNALS	
Total: 1. Published:	17	
2. Accepted to Pub	olication: -	
Kind of Publication		
• Clinical Studies:	4	
• Research Studies:	6	
• Case Report:	6	
• Review:	1	
Anatomy (descriptive,	imaging, surgical): 7, Molecu	ılar
Biology/Histopathology: 4,	, Surgery, Laparoscopic Surgery:	3,
Epidemiologic Studies: 3		
Rank of candidate amo	ong the other authors	
1 st :	1	
2^{nd} :	2	
3 rd :	3	
- '		

Last:

Other Position:

1

KATALOGUE FULL PUBLICATIONS IN GREEK JOURNALS

- 1. KLIMOPOULOS S, KOUNOUDIS S, MARIOLIS TH, VELOUDIS G, ALBANOS G. Hernia repair with local anesthesia without postoperative hospital care. Nosokomeiaka Xronika 2001,63(1):53-56.
- 2. STAVROPOULOS G, MARIOLIS-SAPSAKOS TH, MARIOLIS A, ZEVLA E, KYRIAKOPOULOS A. Therapy of GastroEsophageal Reflux Disease with Laparoscopic Nissen Fundoplication IATRIKA XRONIKA 2006, 29 (7-8); 341-344.
- 3. MARIOLIS-SAPSAKOS TH, KYRIAZI M, MPOUTZOUVIS S, ORFANOS F THEODOULOU K, STAVROPOULOS G, HARKOFTAKIS I, KYRIAKOY K. Surgical therapy of Hemorrhoids with Longo Technique, two years surgical experience and postoperative follow-up for 24 months. IATRIKA XRONIKA 2006, 29 (9); 468-473.
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16. EXPERIENCE IN GENERAL SURGERY

Coccygeal bladder: (8) eight
Hemorrhoidectomy: (9) nine
Colectomy: (6) six
Abdominal total hysterectomy: (4) four
Ovarian cancer: (1) one

Thoracotomy: (29) twenty nine

Chest tube insertion: (4) four Lung biopsy: (3) three Saphenous vein excision: (13) thirteen Femoro-inguinal bypass (total graft): (1) one Phimosis: (6) six Hydrocele: (2) two Lymph Node biopsy: (20) twenty Temporal artery biopsy: (18) eighteen

First Assistant Surgeon, participation in 109 surgeries

Pancreaticoduodenectomy (Whipple): (2) two
Esophagectomy: (2) two
Gastrectomy: (7) seven
Lower Anterior Rectal excision: (7) seven

Colectomy: (22) twenty two

Lung excision – Lobectomy: (6) six
Abdominal aortic aneurysm: (5) five
Carotid intra-arterial excision: (2) two
Nephrectomy: (3) three

Splenectomy: (4) four Abdominal total hysterectomy: (4) four Thyroidectomy: (19) nineteen Prostatectomy: (4) four Hepatectomy: (1) one Biliary enteric anastomosis: (2) two Modified total mastectomy: (17) seventeen

(2) two

Partial pulmonary resection:

Second Assistant Surgeon, participation in 502 surgeries

Pancreaticoduodenectomy (Whipple): (7) seven

Hepatectomy: (5) five Esophagectomy: (3) three

Gastrectomy: (22) twenty two Colectomy: (41) forty one Lower Anterior Rectal excision: (14) fourteen Intestine resection: (5) five

Total colectomy with J pouch: (1) one Pelvic resection: (5) five

Total prostatectomy – Bladder resection with

ileocecal Mainz pouch: (1) one Nephrectomy: (5) five Splenectomy: (3) three Abdominoperineal resection: (11) eleven Total abdominal hysterectomy: (16) sixteen Total thyroidectomy: (19) nineteen Vagotomy – Pyloroplasty: (3) three

Laparoscopic cholecystectomy: (27) twenty seven

Open cholecystectomy: (15) fifteen Biliary enteric anastomosis: (15) fifteen Perianal fistula: (13) thirteen Hemorrhoidectomy: (9) nine Vulvectomy: (1) one

Ovarian cancer: (14) fourteen Prostatectomy: (13) thirteen Exploratory laparotomy: (12) twelve Submandibular gland resection: (1) one Parotidectomy: (2) two

Simple mastectomy – lumpectomy: (33) thirty three

Modified total mastectomy and

quadrantectomy with axillary clearance: (48) forty eight Inguinal hernia: (35) thirty five

Postoperative abdominal hernias: (15) fifteen Appendectomy: (18) eighteen Anal fissure: (3) three Saphenous vein excision: (19) nineteen (19) nineteen Abdominal aortic aneurysm: Carotid intra-arterial resection: (8) eight Aortic-iliac bypass: (2) two Amputation above and below the knee: (3) three Pneumonectomy: (4) four Pulmonary Lobectomy: (17) seventeen

Mediastinoscopy: (6) six

In the 3rd Surgery Department of Oncological Hospital of Athens "Aghios Savvas" (26-11-1996 to 31-12-1996, Director: G. Economou) (Certificate 10) as a resident surgeon I executed the following surgical procedures: Participation in 13 surgical procedures as a surgeon

Colectomy:	(1) one
Lower anterior rectal resection:	(2) two
Hemorrhoidectomy Milligan Morgan:	(2) two
Internal hemipelvilectomy (pelvic sarcoma):	(1) one
Total thyroidectomy:	(1) one
Laparoscopic cholecystectomy:	(1) one
Superficial parotidectomy:	(2) two
Melanoma resection and lymphatic clearance:	(2) two
Inguinal hernia:	(1) one

In the 2nd Surgery Department of the General Hospital of Athens "Evaggelismos" (15-10-1998 to 26-11-2001), Director: P. Giannopoulos) (Certification 12) as a resident surgeon I executed the following surgical procedures:

As a surgeon 363 surgical procedures

Nissen fundoplication: (1) one
Laparoscopic Nissen fundoplication: (1) one
Toupet foundoplication: (1) one
Heller myotomy – Dorr fundoplication: (1) one
Esophagectomy without thoracotomy,
central gastrectomy and replacement with

gastric tube: (2) two Total gastrectomy and Roux en Y anastomosis: (6) six Selective vagotomy and gastroenteric anastomosis: (2) two Selective vagotomy and Heineke-Mikulitz Pyloroplasty: (5) five Peripheral gastrectomy Billroth I: (1) one Peripheral gastrectomy Billroth II: (12) twelve Gastroenteric anastomosis: (5) five Gastrostomy: (1) one (18) eighteen Appendectomy: Colostomy: (2) two Bowel reconnection: (2) two (17) seventeen Right hemicolectoly: Left hemicolectomy: (4) four Sigmoidectomy: (5) five Hartman procedure: (5) five Lower anterior rectal resection: (19) nineteen Abdominoperineal resection: (6) six Subtotal colectomy: (2) two Total colectomy and ileum-rectal J pouch (3) three Anastomosis: Enterectomy: (10) ten Jejunostomy: (3) three Adhesiolysis – Ileus: (3) three Intestinal anastomosis: (9) nice Perianal fistula resection: (2) two Coccygeal bladder resection: (3) three Hemorrhoidectomy: (2) two Internal lateral sphincterotomy: (1) one Liver biopsy (open): (2) two Liver biopsy (laparoscopic): (1) one Hydatid cyst resection – omentoplasty: (1) one Atypical hepatectomy: (1) one Pancreaticoduodenectomy (Whipple): (1) one Peripheral pancreatectomy: (2) two Pancreatic pseudocyst drainage: (1) one Open cholecystectomy: (27) twenty seven Laparoscopic cholecystectomy: (30) thirty Bile duct exploration and Kehr tube insertion: (5) five Bile duct exploration and primary stitching: (2) two Bile duct exploration and biliary-duodenal anastomosis: (4) four Biliary-jejunum anastomosis: (2) two Hepatic-jejunum anastomosis: (2) two

Sphincterotomy –Oddi Sphincteroplasty: (2) two Hydrocele: (1) one Umbilical hernia: (5) five Postoperative abdominal hernia: (7) seven Inguinal hernia – plastic repair (Bassini, Ginard): (11) eleven Inguinal hernia – Synthetic mesh placement: (12) twelve Femoral hernia: (1) one Abdominal trauma – Intra abdominal hemorrhage: (5) five Intra-abdominal abscess drainage: (1) one Diagnostic laparotomy for postoperative hemorrhage control: (1) one Malignant tumors biopsy: (7) seven Soft tissue tumor resection: (3) three Morbid obesity: (1) one Ovarian resection: (3) three Ovarian cyst resection: (3) three Hysterectomy: (1) one Total hysterectomy – Omentectomy: (3) three (3) three Nephrectomy: Splenectomy: (11) eleven Thyroidectomy: (39) thirty nine Parathyroidectomy: (4) four Modified total mastectomy: (8) eight Subcutaneous mastectomy: (1) one Breast lump resection: (2) two Saphenous vein resection: (4) four

First Assistant Surgeon, participation in 219 surgical procedures

Nissen fundoplication: (9) nine Laparoscopic Nissen fundoplication: (1) one Toupet fundoplication: (1) one Heller myotomy – Dorr fundoplication: (1) one Laparoscopic Heller myotomy: (1) one Zenker diverticulum resection: (4) four Epiphrenic diverticulum resection: (1) one Esophageal diaphragm resection: (1) one Esophageal leiomyoma enucleation: (2) two Pharynx – Larynx – Esophagectomy: (2) two Esophagectomy without thoracotomy, central gastrectomy and replacement with gastric tube: (23) twenty three Esophageal bypass with gastric tube: (1) one

Esophagectomy without thoracotomy,	
central gastrectomy and replacement with	
small intestine:	(2) two
Esophagectomy without thoracotomy,	
central gastrectomy and replacement with	
large intestine:	(3) three
Subtotal esophagectomy without thoracotomy,	
subcutaneous esophageal metathesis and	
replacement with large intestine:	(2) two
Tracheoesophageal fistula repair:	(2) two
Celestin tube insertion:	(3) three
Total gastrectomy and Roux en Y anastomosis:	(3) three
Selective vagotomy and gastroenteric anastomosis:	(1) one
Selective vagotomy and Heineke-Mikulitz	
pyloroplasty:	(1) one
Peripheral gastrectomy Billroth I:	(1) one
Peripheral gastrectomy Billroth II:	(6) six
Central gastrectomy:	(3) three
Gastroenteric anastomosis:	(2) two
Gastrostomy:	(1) one
Appendectomy:	(3) four
Colostomy:	(1) one
Bowel reconnection:	(1) one
Right hemicolectoly:	(2) two
Left hemicolectomy:	(1) one
Sigmoidectomy:	(2) two
Hartmann procedure:	(1) one
Lower anterior rectal resection:	(2) two
Abdominoperineal resection:	(1) one
Subtotal colectomy:	(1) one
Total colectomy and ileum-rectal J pouch	
anastomosis:	(1) one
Enterectomy:	(4) four
Jejunostomy:	(2) two
Adhesiolysis – Ileus:	(1) one
Intestinal anastomosis:	(2) two
Perianal fistula resection:	(1) one
Coccygeal bladder resection:	(1) one
Hemorrhoidectomy:	(2) two
Internal lateral sphincterotomy:	(1) one
Liver biopsy (open):	(1) one
Liver biopsy (laparoscopic):	(1) one
Hydatid cyst resection – omentoplasty:	(2) two
Atypical hepatectomy:	(1) one

Typical Left Hepatectomy:	(1) one
Pancreaticoduodenectomy (Whipple):	(4) four
Peripheral pancreatectomy:	(1) one
Pancreatic pseudocyst drainage:	(1) one
Necrotic pancreatitis, necrotic tissue resection:	(1) one
Open cholecystectomy:	(10) ten
Laparoscopic cholecystectomy:	(21) twenty one
Bile duct exploration and Kehr tube insertion:	(1) one
Bile duct exploration and primary stitching:	(1) one
Bile duct exploration and biliary-duodenal	
anastomosis:	(1) one
Biliary-jejunum anastomosis:	(1) one
Hepatic-jejunum anastomosis:	(1) one
Sphincterotomy – Oddi Sphincteroplasty:	(1) one
Hydrocele:	(1) one
Umbilical hernia:	(1) one
Postoperative abdominal hernia:	(1) one
Inguinal hernia – plastic repair (Bassini, Ginard):	(3) three
Inguinal hernia – Synthetic mesh placement:	(3) three
Femoral hernia:	(2) two
Abdominal trauma – Intra-abdominal hemorrhage:	(3) three
Intra-abdominal abscess drainage:	(4) four
Diagnostic laparotomy for postoperative hemorrhag	ge
control:	(1) one
Malignant tumors biopsy:	(6) six
Soft tissue tumor resection:	(3) three
Morbid obesity:	(2) two
Ovarian resection:	(1) one
Ovarian cyst resection:	(1) one
Hysterectomy:	(1) one
Total hysterectomy – Omentectomy:	(3) three
Nephrectomy:	(1) one
Splenectomy:	(4) four
Thyroidectomy:	(15) fifteen
Parathyroidectomy:	(5) five
Modified total mastectomy:	(1) one
Subcutaneous mastectomy:	(1) one
Breast lump resection:	(1) one
Saphenous vein resection:	(4) four

Second Assistant Surgeon, participation in 190 surgical procedures:

Nissen fundoplication: (2) two

Laparoscopic Nissen fundoplication:	(1) one
Toupet fundoplication:	(1) one
Heller myotomy – Dorr fundoplication:	(4) four
Pharynx – Larynx – Esophagectomy:	(1) one
Esophagectomy without thoracotomy,	
central gastrectomy and replacement with	
gastric tube:	(4) four
Esophageal bypass with gastric tube:	(1) one
Esophagectomy without thoracotomy,	
central gastrectomy and replacement with	
small intestine:	(2) two
Esophagectomy without thoracotomy,	
central gastrectomy and replacement with	
large intestine:	(1) one
Subtotal esophagectomy without thoracotomy,	` '
subcutaneous esophageal metathesis and	
replacement with large intestine:	(1) one
Celestin tube insertion:	(2) two
Total gastrectomy and Roux en Y anastomosis:	(3) three
Selective vagotomy and gastroenteric anastomosis:	(1) one
Selective vagotomy and Heineke-Mikulitz	, ,
pyloroplasty:	(5) five
Peripheral gastrectomy Billroth I:	(1) one
Peripheral gastrectomy Billroth II:	(2) two
Gastroenteric anastomosis:	(1) one
Central gastrectomy:	(1) one
Appendectomy:	(5) five
Colostomy:	(1) one
Bowel reconnection:	(1) one
Right hemicolectoly:	(4) four
Left hemicolectomy:	(3) three
Sigmoidectomy:	(6) six
Hartman procedure:	(3) three
Lower anterior rectal resection:	(3) three
Abdominoperineal resection:	(1) one
Subtotal colectomy:	(1) one
Total colectomy and ileum-rectal J pouch	
anastomosis:	(1) one
Enterectomy:	(7) seven
Adhesiolysis – Ileus:	(2) two
Atypical hepatectomy:	(1) one
Typical Left Hepatectomy:	(1) one
Pancreaticoduodenectomy (Whipple):	(1) one
Peripheral pancreatectomy:	(1) one
- ·	

Necrotic pancreatitis, necrotic tissue resection: (1) one Open cholecystectomy: (20) twenty Laparoscopic cholecystectomy: (25) twenty five Bile duct exploration and Kehr tube insertion: (6) six Bile duct exploration and biliary-duodenal anastomosis: (1) one Biliary-jejunum anastomosis: (1) one Hepatic-jejunum anastomosis: (2) two Sphincterotomy – OddiSphincteroplasty: (1) one Umbilical hernia: (2) two Postoperative abdominal hernia: (5) five Inguinal hernia – plastic repair (Bassini, Ginard): (6) six Inguinal hernia – Synthetic mesh placement: (18) eighteen Abdominal trauma – Intra-abdominal hemorrhage: (3) three Intra-abdominal abscess drainage: (3) three Diagnostic laparotomy for postoperative hemorrhage control: (2) two Malignant tumors biopsy: (3) three Soft tissue tumor resection: (1) one Morbid obesity: (1) one Ovarian resection: (2) two Ovarian cyst resection: (2) two Hysterectomy: (2) two Total hysterectomy – Omentectomy: (2) two Nephrectomy: (4) four Splenectomy: (3) three Thyroidectomy: (5) five Parathyroidectomy: (1) one Modified total mastectomy: (2) two

Surgical procedures at the Outpatients Department

Surgeon in 195 surgical procedures

Subclavian, femoral and internal jugular vein

catheterization: (75) seventy five

Closed drainage thoracic tube insertion: (8) eight
Temporal artery biopsy: (15) fifteen
Skin – muscle – vessel biopsy (20) twenty
Lymph node biopsy: (5) five

Lipoma resection: (37) thirty seven

Sebaceous cyst resection: (30) thirty

Nail resection: (5) five

Thoracic and Large Vessels Department General Hospital of Athens "Evaggelismos"

(28-1-2000 to 28-7-2000), Director: I. Belenis) (Certification 14) as a resident surgeon I executed the following surgical procedures:

As a surgeon: 103 surgical procedures.

Pneumonectomy: (1) one Pulmonary lobectomy: (5) five Pulmonary biopsy: (3) three Decortication: (1) one Tracheal stenosis – plastic repair: (1) one Thymectomy: (1) one Intraluminal endoscopy: (1) one Bronchoscopy: (2) two Chest tube insertion: (30) thirty Thoracic puncture: (20) twenty

Abdominal aortic aneurysm,

straight graft: (2) two Aortoiliac bypass: (1) one Femoro-inguinal bypass (synthetic graft): (1) one Embolectomy: (6) six Saphenous vein resection: (15) fifteen Amputation above the knee: (2) two Amputation below the knee: (2) two A-V fistula: (12) twelve

First Assistant Surgeon, participation in 105 surgical procedures

Pneumonectomy: (6) six Pulmonary lobectomy: (9) nine Pulmonary biopsy: (6) six Decortication: (3) three Tracheal stenosis – plastic repair: (1) one Thymectomy: (1) one Intraluminal endoscopy: (3) three Thoracic outlet syndrome: (12) twelve Bronchoscopy: (5) five Chest tube insertion: (12) ten Thoracic puncture: (5) five

Abdominal aortic aneurysm,

straightgraft: (8) eight Aortic-iliac bypass: (1) one Intra-arterial carotidectomy:

Femoro-inguinal bypass (synthetic graft):

Embolectomy:

Saphenous vein resection:

Amputation above the knee:

Amputation below the knee:

A-V fistula:

(3) three

(3) three

(3) three

(9) nine

Scientific Associate as a surgeon at the Surgery Department of Eugenidio Hospital from 2002 to present, (Certificate 1), participation to the following surgical procedures:

Pancreaticoduodenectomy (Whipple): (7) seven Hepatectomy: (5) five Esophagectomy: (3) three

Gastrectomy: (22) twenty two
Colectomy: (41) forty one
Lower anterior rectal resection: (14) fourteen
Enterpotation: (5) five

Enterectomy: (5) five Total colectomy with J pouch: (1) one Pelvic resection: (5) five

Total prostatectomy – Bladder resection with

Ileocecal Mainz pouch:

Nephrectomy:

Splenectomy:

Abdominoperineal resection:

Total abdominal hysterectomy:

Total thyroidectomy:

Vagotomy – pyloroplasty:

(1) one

(5) five

(11) eleven

(16) sixteen

(19) nineteen

(3) three

Laparoscopic cholecystectomy: (27) twenty seven

Open cholecystectomy: (15) fifteen
Cholopeptic anastomosis: (15) fifteen
Perianal fistula: (13) thirteen
Hemorrhoidectomy: (9) nice
Vulvectomy: (1) one
Ovarian cancer: (14) fourteen

Ovarian cancer: (14) fourteen
Prostatectomy: (13) thirteen
Exploratory laparotomy: (12) twelve
Submandibular gland resection: (1) one
Parotidectomy: (2) two

Simple mastectomy – lumpectomy: (33) thirty three

Modified total mastectomy and quadrantectomy

with axillary clearance: (48) forty eight Inguinal hernia: (35) thirty five Postoperative abdominal hernia: (15) fifteen Appendectomy: (18) eighteen Anal fissure: (3) three

Scientific Associate as a surgeon at the Surgery Department of Obstetrics and Surgery Hospital ''Mitera'' from 2002 to present, (Certificate 2), participation to the following surgical procedures:

Pancreaticoduodenectomy (Whipple): (7) seven Hepatectomy: (5) five Esophagectomy: (3) three

Gastrectomy: (22) twenty two
Colectomy: (41) forty one
Lower anterior rectal resection: (14) fourteen

Enterectomy: (5) five Total colectomy with J pouch: (1) one Pelvic resection: (5) five

Total prostatectomy – Bladder resection with

Ileocecal Mainz pouch:

Nephrectomy:

Splenectomy:

Abdominoperineal resection:

Total abdominal hysterectomy:

Total thyroidectomy:

Vagotomy – pyloroplasty:

(1) one

(3) three

(11) eleven

(16) sixteen

(19) nineteen

(3) three

Laparoscopic cholecystectomy: (27) twenty seven

Open cholecystectomy: (15) fifteen
Cholopeptic anastomosis: (15) fifteen
Perianal fistula: (13) thirteen
Hemorrhoidectomy: (9) nine
Vulvectomy: (1) one

Ovarian cancer: (14) fourteen
Prostatectomy: (13) thirteen
Exploratory laparotomy: (12) twelve
Submandibular gland resection: (1) one
Parotidectomy: (2) two

Simple mastectomy – lumpectomy: (33) thirty three

Modified total mastectomy and quadrantectomy

with axillary clearance: (48) forty eight

Inguinal hernia: (35) thirty five Postoperative abdominal hernia: (15) fifteen Appendectomy: (18) eighteen Anal fissure: (3) three

Scientific Associate as a surgeon at the Thoracic Surgery Department of Eugenidio Hospital from 2001 to present, (Certificate 36), participation to the following surgical procedures:

Pneumonectomy: (2) two Pulmonary lobectomy: (11) eleven Thoracotomy – Pulmonary biopsy: (6) six Decortication: (3) three Thymectomy: (1) one Mediastinoscopy: (7) seven Chest tube insertion – Thoracic puncture: (15) fifteen Thoracic puncture: (5) five (13) thirteen Thoracoscopy: Sternotomy: (2) two Thoracic wall resection: (2) two Sternum resection: (1) one

17. CONCISE CURICULLUM VITAE

NAME: MARIOLIS – SAPSAKOS THEODOROS

DATE OF BIRTH: 11/01/1967

PLACE OF BIRTH: SPARTA

LIVING ADDRESS: MPOUMPOULINAS 20, DAFNI

MILITARY SERVICE: FULFILLED

SPECIALTY: SURGEON

PRESENT POSITION:

LECTURER OF ANATOMY AT THE NATIONAL AND KAPODISTRIAN UNIVERSITY OF ATHENS-NURSING DEPARTMENT.

- CLINICAL WORK AT THE UNIVERSITY SURGICAL CLINIC OF THE GENERAL ONCOLOGY HOSPITAL OF ATHENS "AGIOI ANARGIROI".

CONCISE PRESENTATION OF THE ENTIRE SCIENTIFIC WORK

Medical Degree: Grade Very Good-Medical School of Athens, National and Kapodistrian University of Athens.

Specialty title: Surgeon (*November 2001*). Medical License to Practice from the Prefecture of Athens.

PhD: Grade Excellent.

Postgraduate Education: Scientific Training in sixteen (16) postgraduate seminars and clinical-laboratory-surgical tutorials.

Teaching:

- 1. Robust teaching in two (2) mandatory courses: a) Anatomy, Histology and Embryology I, b) Anatomy, Histology and Embryology II, Nursing Department of the National and Kapodistrian University of Athens (2010 today).
- 2. Robust teaching in two (2) elective compulsory courses: a) Head and Neck Surgery, b) Clinical Neuroanatomy, Nursing Department of the National and Kapodistrian University of Athens.
- 3. Scientific and Teaching Fellow of the Anatomy Laboratory at the Nursing Department of the National and Kapodistrian University of Athens (2004 2010).

- 4. Instructor at the elective course «Applied Physiology-General Medicine» for the 2nd year medical students at the Medical School of Athens. Vironas Health Center General Hospital of Athens "Hippokrateion" (2005-2009).
- 5. 3rd year student training in clinical surgery at the Nursing Department of the National and Kapodistrian University of Athens-General Surgery University Clinic.

Medical students and nursing students, from the Technological Institute of Athens, training in clinical surgery at the 2nd Surgical Dept. of the General Hospital of Athens "Evangelismos" (1998-2001).

6. Presentation of Human Anatomy Models in teaching visits for the pupils of the teaching institute of the Organization for the Development of Manpower, at the Anatomy, Histology and Embryology Laboratory of the Nursing Department of the National and Kapodistrian University of Athens.

Teaching work abroad: Robust teaching in the mandatory course of "Human Anatomy and Physiology I", at the Nursing Department of the Technological University of Cyprus as Visiting Lecturer (2008).

Clinical/Laboratory work:

- a) Lecturer of Anatomy, at the Nursing Department of the National and Kapodistrian University of Athens (2010 today).
- b) Visiting Lecturer at the Nursing Department of the Technological University of Cyprus (2008).
- c) Clinical work at the University Surgical Clinic of the Nursing Department of the National and Kapodistrian University of Athens in the General Oncology Hospital of Athens «Agioi Anargyroi" (2011- today).
- d) Scientific Fellow of the Anatomy lab of the Nursing Department of the National and Kapodistrian University of Athens (2004-2010).

- e) Scientific Fellow-Surgeon of the Health Center of Vironas (2005 -2009).
- f) Scientific and Clinical fellow of the General Surgery and Thoracic Surgery Departments of "Evgenideio Hospital".
- g) Resident in General Surgery (1995 2001 University Surgical Clinic of the Nursing Dept. of the National and Kapodistrian University of Athens, 2nd Surgical Dept.-General Hospital of Athens "Evangelismos", Oncology Hospital of Athens "Agios Savvas", Gynecology Dept.-General Hospital of Athens "G. Gennimatas" and General Hospital of Athens "Agia Olga").

Participation in educational committees and postgraduate Master's programs: Robust teaching in three (3) Master's programs.

- 1. "Introduction to health sciences" as part of the interdepartmental Master's program in "Organization and Management of Health Services" Nursing School of the National and Kapodistrian University of Athens, "Health Informatics" (2009–2010, 2011-13).
- 2. "Elements of Anatomy" as part of the interdepartmental Master's program of the Chemistry Department of the National and Kapodistrian University of Athens in "Clinical Chemistry" (2009–2013).
- **3.** "Special Chapters in Anatomy" as part of the interdepartmental Master's program of the Biology, Chemistry and Nursing Departments of the National and Kapodistrian University of Athens in "Clinical Biochemistry-Molecular Diagnosis" (2009–2010). Member of the coordinating committee for the program.

Textbooks: Editor and translator in eight (8) foreign language textbooks (five in Anatomy and three in General Surgery and ENT surgery).

Educational Seminars: Speaker-Instructor in eleven (11) clinical tutorials and training seminars.

Supervisor and member of the examination committee in postgraduate Master's Thesis: In two (2) postgraduate Master's Thesis and in six (6) ongoing.

Member of the examination committee in postgraduate Master's Thesis: In eleven (11) postgraduate Master's Thesis.

Member of advisory boards for PhD: In one (1) as part of the 7-member board and in two (2) as part of the 3-member board (ongoing research studies).

Research work: participation in two (2) financed research programs and in one (1) non-financed research program.

Continuous Education: Participation in sixty-three (63) Greek conferences and eight (8) international conferences.

Awards-Distinctions-Scholarships: Six (6) awards for scientific works and one (1) Honorary Distinction.

Member of scientific Societies: in seven (7) Greek and in two (2) international.

Organizing, administrative and wider scientific work:

Participation as organizing committee member: in four (4) Greek conferences-tutorials and in one (1) international conference.

Participation as member of the organizing committee in postgraduate programs: in seven (7) postgraduate clinical and conference programs.

Organization of clinical tutorials: five (5) clinical and laboratory tutorials.

Coordinator of lectures and round tables: in nine (9) round tables-lectures.

Administrative work: participation in twelve (12) committees for qualifying exams as assessor and examiner at the Nursing and Dentistry Depts. of the National and Kapodistrian University of Athens. Examiner for the postgraduate Master's Programs of the Nursing Dept. of the National and Kapodistrian University of Athens.

Participation in scientific meetings: a) five (5) invited lectures, b) Invited speaker in eleven (11) Postgraduate Courses and Clinical Tutorials, c) one (1) media invitation for scientific subjects.

Abstracts in Greek scientific conferences: one hundred and nineteen (119) oral and poster presentations (1st in: 12, 2nd in: 19, last in: 26, other place in: 62)

Abstracts in international conferences: forty-five (45) oral and poster presentations $(1^{st} in: 4, 2^{nd} in: 7, last in: 9, other place in: 25).$

List of complete publications in proceedings of Greek Conferences: Eight (8) papers.

List of complete publications in proceedings of International Conferences: one (1) paper.

List of full Greek publications in chapters of scientific textbooks: one (1) in honorary book-volume publication.

Published Research work:

Foreign language publications (total): thirty-six (36)

A. Foreign language publications in Journals of SCI: thirty-one (31).

1st author in four (4), 2nd author in two (2), 3rd author in four (4), last author in four (4), other place in seventeen (17). Total impact factor: 34,833. Mean impact factor: 1,123, Index h:6, Total citations: 67.

B. Foreign language publications in Internet Journals other than SCI: two (2).

1st author in one (1), other place in one (1).

C. Foreign language publications in Journals other than SCI: three (3).

2nd author in two (2), other place in one (1).

Publications in Greek Journals: seventeen (17). 1^{st} author in one (1), 2^{nd} author in two (2), 3^{rd} author in three (3), last author in ten (10), other place in one (1).